

THE CHALICE

UNITARIAN UNIVERSALIST FELLOWSHIP
OF THE RAPPAHANNOCK (UUFV-VA)

P.O. Box 1266
White Stone, VA 22578

November 2019

Fellowship Services

Fellowship services are held each **Sunday at 10:30 A.M.** at 366 James Wharf Road, White Stone, VA.
Meditation is held each Sunday from 9:30 A.M. to 10:00 A.M. in the sanctuary.
All are welcome. Coffee and conversation follow the service.

Sunday Programs

November 3

Ana Cristina Lopera: Diversity –
Underneath the Big 6 and Beyond

Our society has been trying to become more diverse and inclusive for several years with limited success. Our focus has generally been on the Big 6 diversity factors that we can see (Race, Religion, Gender, Sexuality, Age and Disability), but each of us is a unique, amazing, human being and our differences are infinite. During our service, we will explore a theory to explain what lies beneath the struggles with the Big 6 and expand our possibilities to see ourselves and others in a more appreciative light.

Ana Cristina Lopera is an experienced leadership coach with over twenty-five years of demonstrated results. She is passionate about developing individuals and teams to deliver on their mission and achieve personal fulfillment. Ana complements her coaching experience and her education as a systems engineer with deep facilitation practices, bringing together individuals with seemingly diverging interest to create a common vision and plan of action. She lives in Wicomico Church with her husband of 35 years, Jesus Lopera, and her puppy, Boira. Among other activities, Ana currently serves as Interim President of the Board for The Bay Center.

November 10

Carolyn Osolinik: Social Justice –
Making a Difference

Too many people are left behind in our society. Carolyn will discuss her own experience with the challenges to achieving equality in our nation and how we can move forward together to a more just U.S. community.

Carolyn Osolinik, a member of UUFV-VA, practices government relations law in Washington, DC. She is Chair of the Board of the Leadership Conference on Civil and Human Rights Education Fund, the first woman to hold this position since its founding in 1950. Early in her career, Carolyn was a litigating attorney in the U.S. Justice Department. She served as Chief Counsel for Senator Edward M. Kennedy, for whom she worked for more than a decade on civil and human rights issues, including the Americans with Disabilities Act, the Civil Rights Restoration Act, and the Civil Rights Act of 1991. For more than two decades, she was a partner in the global law firm, Mayer Brown LLP, where she was a founding member of the Firm's Diversity Committee.

November 17

Sara Mackey: What's the Question?

Our experiences are objective – what happens to us happens. The effect of those experiences can be altered, though, depending on the lens through which we view them. If something is causing us to be anxious, confused, disrupted, we can often change that by changing the questions we ask ourselves about the experience. Join us and Sara Mackey, as we think about questions.

Sara Mackey has been a friend of UUFR-VA since her seminary days, when the fellowship was meeting in the Woman's Club down the road. She lives in Richmond and recently retired from Union Presbyterian Seminary, where she earned her M.Div. She has served Williamsburg UU as Director of Faith Development, and she has volunteered in many capacities over the years at UU Community Church in Glen Allen. Always on the lookout for new perspectives, Sara currently attends evening worship at St. Stephens Episcopal Church in Richmond. Sara has a son, daughter-in-law, and grandson who live in Brooklyn, and a daughter and son-in-law in Richmond. She has a cat and a French bulldog who share her home.

November 24

Dr. Susan Moseley, Pastor: Does the Earth Have a Soul? The Ecological Crisis is a Spiritual Crisis

Technology and modern life have interrupted our emotional, spiritual, and mythic relationship with Nature. We will explore the damage such a breach has caused to the human soul. Susan believes we must seek a spiritual response to the ecological crisis if “we are to help bring the world as a living whole back into balance.” (*Spiritual Ecology: The Cry of the Earth*)

Susan Moseley, D.Ed.Min., is Pastor for the UUFR-VA. She received her Doctor of Educational Ministries degree from Columbia Theological Seminary in 2012 and her certificate in spiritual direction from the Haden Institute in 2017. Susan is married to the Reverend Jim Moseley, Pastor for Campbell Memorial Presbyterian Church in Weems, VA.

River Readers

The book discussion group meets on the **fourth Monday** of each month at **2:30 P.M.** at the Lancaster Community Library. Everyone is welcome. Please read the book and join us. The upcoming selections are:

November 25: *The Chilbury Ladies' Choir* by Jennifer Ryan

December: No meeting

January 27: *Beyond the Beautiful Forevers* by Katherine Boo

If you have a recommendation for a noteworthy book to discuss, please contact **Elaine Weekley**.

Fourth Fridays Gathering

November 22nd at 6:00 P.M.

UUFR-VA and community teens are invited to gather for pizza, music, art, and conversation. Our topic for the evening: Gratitude.

Leadership Corner

by Janet Hemming

It Takes a Village

The Membership Committee has many responsibilities including supporting and caring for our members, handling Sunday morning greeting and refreshments, and working to bring new members into the congregation. But none of these things can be done well without the support of all of our members.

Our Caring Circle chairs coordinate Sunday morning activities, but everyone contributes to our wonderful refreshments. Our members are supported through activities that we have started in the past that are now handled by others – like Eve Jordan and the Ladies Luncheon. Our Committee organizes the Phood and Philosophy, but many of you have stepped up to host the evening in your home or at UUFR-VA.

Outreach is something we have taken on this past year by having a booth at the Irvington Farmers Market, but is also supported by Dave and Terrie Dustin coordinating the annual Yoga Breakfast and Don Crawford leading the Adopt a Highway program.

Last year we worked on Who's Who in UU through our photo album and this year that work continues through articles in the Chalice by Bill Zybach. We work closely with Susan to be sure that any members who are ill or experiencing hardship receive the care that they need. But that care can mean meals delivered or transportation provided by many of you.

We work to provide a warm welcome to visitors and new members. And, everyone joins us in making people feel welcome to our "Caring Community." Scott Mabe helps this effort by making name tags so we can all avoid that awkward moment of forgetting someone's name!

This coming year we would love to improve the diversity of our Membership Committee. We have improved the diversity of age in our group, but as far back as anyone can remember the Committee members have always been women. Are there any gentlemen out there who would like to join us?

We welcome any suggestions for new activates or ways that we can support you. As you can see, it truly does take a village to make UUFR-VA a welcoming and exciting place where we can all feel at home.

Membership Committee

Janet Hemming-chair, Carmela Crawford, Candy Harris, Susan Moseley, Celane Roden, Marge Rowden, Suzanne Shepherd, Elaine Weekley

Caring Circle Chairs

Marge Rowden, Barbara Haynes, Hanneke Schaafsma

Library Notes

by Chris Gimpel

What a pleasure! Lois Williams, our esteemed author, has donated her most recent book to the library. Pick up "Tobacco Trader on the Corotoman", an informative volume of Northern Neck history, co-written with Ammon G. Dunton, Jr. The tobacco trader of the title is Col. James Gordon of Lancaster County. He was a merchant and planter in the 1700's who left behind his journals for us to ponder.

Also on the shelf, is an additional copy of "Misquoting Jesus - The Story Behind Who Changed the Bible and Why" by Bart D. Ehrman. Thanks, Bob Weekley.

Thanks, too, to Lois for donating book display stands.

The Pastor's Platform

by Pastor Susan Moseley, D.Ed.Min.

My Dear UUFR-VA Family,

What a delight to see so many of you at Jim's recent "Not Ready for Retirement" Birthday Party! It meant the world to Jim, and to me, to see UUFR-VA represented so well. Many, many thanks to all who attended and to those who sent emails, notes and cards.

This was a first-time event that brought Campbell Church and UUFR-VA together, and it proved to be heaps of fun. Rumor has it that a Christmas/Holiday Party is being planned. I will keep you posted.

Week to week, month to month, I am ever more grateful to be part of this UU family.

Again, thank you for celebrating Jim's 66th birthday with us, and thank you especially for your ongoing love and support.

In peace and gratitude,
Susan

Changing Communities

by Tom Kinney

UUFR-VA's vision is to make lasting and measurable changes for the better within our four-county community. We target the elimination of generational poverty through our UUFR-VA Kids First program by establishing high quality 3preK classes for those impoverished children in our public schools, a closing-the-learning-gap solution that is research-proven to work. We now have 3preK in two of our four counties and are offering to provide seed money for the other two. But is it working?

We track our 3prek graduates as they progress. We compare their test results against all of the children in that grade level to see if the much-studied learning gap has been closed. The first 3preK grads have now completed 4th grade. The results from our 141 graduates are very encouraging. The gap is gone at their completion of 4preK and

Kindergarten classes. A trace still exists first and second grade among some class groups, but is gone in 3rd grade. Those in the first 3preK year are outperforming the class level average all the way through fourth grade, sometimes by as much as 30%.

Lancaster Public Schools Superintendent, Dan Russell, told UUFR-VA Kids First recently that our program has made a major contribution to Lancaster Primary School's finally achieving full accreditation.

Now can we also make a lasting and **measurable** change for the better in our neighborhood and community in regard to racism?

Adopt-A-Highway

We will be doing our second litter clean-up under the Adopt-A-Highway program on Saturday, November 9. We will meet in the parking lot at 10:00 A.M. This year, members of the Crab Point Civic Association will be joining us. Between our two groups, we will pick up litter on James Wharf Road, the Newtown Road, and some other side streets. The last time we did this, it took about two hours.

Please wear comfortable walking shoes or boots. Bring along any implement you may have that you believe will assist you in picking up trash. It would also be a good idea to wear brightly colored clothing as VDOT should provide us with reflective safety vests, but they did not have any available at the last pick-up. VDOT does provide trash bags.

If you believe that you will be participating, please contact me, so that I can get an approximate head count in case safety vests are available.

Thanks,
Don Crawford



Peny Gallogly's axiom: "Living is about having as much fun and joy as possible."

by Bill Zybach

I'm driving into Kilmarnock, grateful to have been asked to do interviews for The Chalice. Preparation is never the same, but what I love the most never changes: I get to spend lovely time with one of our UUFR-VA members. For November (part one) and December (part two), I interview the vivacious Peny Gallogly.

Into A Four-Legged World

I'm going somewhere new, so I am noticing everything I can. The hair-pin switch back indicates I'm close, there are lovely evergreens tightly lining the road and, when I spot a silhouette of an Italian Greyhound hanging from a mail box, I slow, and then see a Subaru in the drive, with a license containing a curious "IG" inscription, of which I made a mental note, and I can see through the windows that it is fully equipped to safely transport, I surmise, precious four-legged passengers, as well as family members. And after the interview, I realized that the personalized plate attested to the love of the owner for her two Italian Greyhounds, Hopi and Buffy. A Google search reveals that "IG" is a common acronym for these intelligent,

affectionate, mischievous, agile and companionable members of Peny's household which, in a curious way, also reflects characteristics I can easily attribute to Peny, as well!

As I entered Peny's home for this interview, I was greeted by her two energetic, curious and cautious keepers of the threshold, and I knew that there would be a rite of passage. My outreached hand, a smile and some scratching on the back of the neck for both, seemed to convince them that I was friend instead of foe. And, as Peny graciously invited me to join her in a nice cup of black tea, I felt she sent them the message that I was OK. Before I departed, we had all become sweet friends.

What caught my eye inside Peny's home was a continuation of the theme I picked up on the way in. Neatly arranged with warm fabric covers were two matching soft crates in the hall, and even matching dog beds on the couch next to where Peny sat. But these affectionate housemates mostly sat together on Peny's lap. Even more interesting, were the competition awards and portable dog training equipment in the living room. Obviously, this is a home not only for the comfort and joy of the human inhabitant, but for her dearly loved and uniquely trained pets.

The Flow of Energy

In Peny's journey through life, she has evolved a beautiful and sacred relationship with the subtle energies, and she has spent years studying it them and the chakra system. And based on rainbow "phenomena" that greeted her in her bathroom when she was moving to the Northern Neck from Leesburg, or the obvious Orbs in the pictures that her realtor took of the home she sold in Heritage Point, we could speculate that because of the wonderful energy that Peny exhibits, the subtle energies might be gleefully aware that she is aware of their world, and reciprocally could experience her abode as a safe haven, as do Hopi and Buffy.

I imagine that such energetic entities might also enjoy the mischievousness inherent in her IG's, and further, appreciate the hint of mischief one might discern when we catch one of Peny's frequent and sweet little laughs – which at times verge on a giggle – particularly when she is sharing a fun and inspiring story such as evoked by an interesting artifact or special book adorning her home. Even more subtle is even a clue of impishness when she demonstrates the diligent and evolved way she trains her dogs. Her “clicker” approach focuses on the dog's intrinsic motivation rather than external direction. Very few humans have the compassion and patience to take such a rigorous and humane approach. And this is all part of the alchemy she has created in the lovely context of her home – of comfort and reflection, and where furry animals or rainbow-colored entities can thrive.

The Formative Experiences

One of Peny's earlier memories was of when she was eight years old and living in San Antonio, where her military father was stationed. A neighbor living upstairs, took a fancy to Peny and wanted to give her a pair of high heeled sandals, which she adored. For reasons Peny did not necessarily understand at the time, her parents said she could not take them. Later in her life, other decisions were made for her that did not align with what she preferred. She has come to believe they were made with her best interests at heart. Though today this it is not a charged memory, the twinge of angst still lingers, and so she works it from the inside out from time to time like deeper layers of the onion. And what has been the constructive learning that her soul seeks? She learned to move through these disappointments, rather than being stuck in them, and appreciate the good that comes. Moving through, rather than identifying with the regret, has helped her build the resilience and rigor you see in her today. This has served her well and allowed her to find and follow her own flow.

Juxtaposing that recollection to her second early memory and we see the beginning of a soul passion that continues today. With a gleam in her eye and joy ringing in her voice, Peny shared with me how she got to know a family in her neighborhood and how they had a collie. Over time, as she got to know them and their furry friend better, she was allowed to take the dog for occasional walks. I witnessed how this memory lingers too, many years later, and she still re-experiences how happy that made her, and how it gave her confidence that they trusted her with such a significant responsibility even though she was only eight years old. These are the memories we want to identify with, and that are the bulwark against the ebbs. It is this experience which gave birth to a life-long journey of love and connection with four legged animals that has sustained her.

Another important memory was from when the family was stationed in Germany. Peny had one of those rare friendships that occur infrequently among often uprooted military children. For two years in Germany, she was completely committed to her best friend and that was fully reciprocated, until one day when it all ended abruptly. A new girl the same age as her friend moved in, and because Peny was a year younger, the relationship evaporated leaving her shattered and desolate.

She learned that even in devastation, there could be a silver lining. Recognizing the magnitude of Peny's loss, her parents understood the need to fill the void. She had desired a dog with all her heart. For her eleventh birthday they gave her a black mini-poodle puppy. This was extra-ordinary, because “No Pets” was the mantra of her mobile military family. This parental act of love further cemented Peny's lifetime of love for animals, where she has always found an inexhaustible fount of unconditional love.

The Firm Foundation

These stories reflect the ebb and flow of joy and disappointment which are the reality of life, with which each of us either identifies or moves through. Penny Moved Through! They helped her not only understand that life is all about polarities, and realize that polarities cannot be solved, they must be managed in the given context. This provided the lesson of reality over the Walt Disney fantasy that everything is fair. And moving through reality with eyes wide open laid the solid foundation for a joyful journey. She knows that this requires being able to monitor and manage energy, and most importantly to be able to discern what is hers and what is coming from the external circumstances. Penny has come to discern this and thus access the “winding” middle path (it is not straight, though it may be narrow) of her character and the universe. Sometimes this balance would find her, other times she would create it and, indeed, from time to time it would be disrupted by fate. And Penny has taken this voyage of ebb and flow, the trek up and down hills of brilliance & burns and valleys of splendid & harrowing darkness, with the intention of having as much fun and joy as possible. Intention is the most powerful energy after Love and, in the best of times, they are the same.

In December, we will visit Penny’s adventures abroad as an adult, and the seeds that were planted, which brought her here to Kilmarnock, to light up our part of the world.

Marjory Bradwick

Our mother -- Marjory Faye Hauser Bradwick -- was one of your founding members. She died in St Petersburg FL, on Friday, October 11, 2019. Mom was age 91 and had advanced dementia. She spent her last two years in Florida near her son, daughter-in-law, and two sisters-in-law.

Her obituary posted today in the Southside Sentinel (Urbanna VA). Here is the link -

- <http://www.ssentinel.com/2019/10/23/marjory-faye-hauser-bradwick/>

Her obituary will also post in the Rappahannock Record, but I do not know which date.

In case any of you wish to know more about our Mom, I have attached a long obituary I wrote. This long version is not being printed in Virginia newspapers, but I thought you might want a more complete history of Mom – Marjory – for your congregation's history, especially concerning its founders. [The obituary is on the UUFR-VA website, with a link on the home page.]

My brother – Mark H Bradwick – is the Executor of Mom's estate. Going forward, you shall hear from him. He is on this email. My sister – Roberta "Robi" Bradwick – still lives in Hartfield VA & still owns & manages Eckhard's Restaurant in Topping VA. And I, Faye Bradwick, am the one who lives in Indiana, PA.

In her will, Mom left a specific pecuniary bequest to UUFR-VA. We anticipate that her assets will be distributed about March-April-May, 2020. When the Probate Court in Florida gives the go-ahead on that, UUFR-VA shall receive \$5,000. That is to be used anyway the UUFR-VA congregation chooses.

Mom was very pleased to be an active member of UUFR-VA over the years. It saddened her when she was no longer healthy enough to attend UUFR-VA, but while her brain still worked some, she spoke fondly of UUFR-VA. She was especially proud of being a founding member of UUFR-VA. She & her husband (our father) raised the three of us “kids” in May Memorial Unitarian Universalist Society – <https://mmuus.org/> – in Syracuse, NY. I am the eldest of the three kids & I was dedicated there at age five in 1958, so Mom & Dad became members there sometime in 1950s, after they married in a different religion in 1951.

My husband (Donald Lancaster) and I remain very active at First Unitarian Universalist Church – <http://firstuu-indianapa.org/> – of Indiana, PA. I have lived here since 1991 and

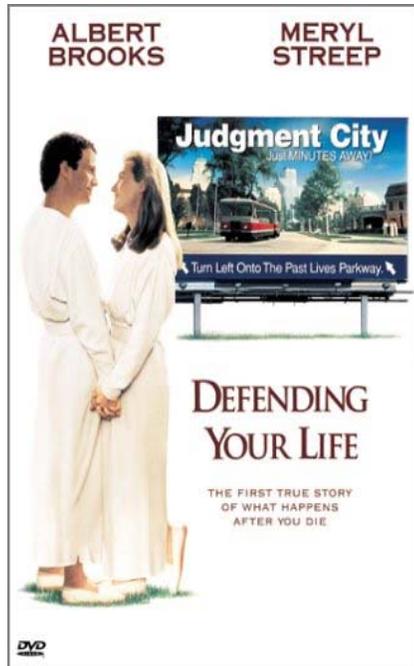
I am Past-President of this congregation. Donald has lived here since 2003 and he serves as our Church Historian.

Good luck to you all at UUFR-VA.
In love & light, Faye Bradwick

UUFR-VA Activities at a Glance

November 2019	
Nov 1	Phood & Philosophy– 5:00 P.M. – Joyce Badanes’ home
Nov 8	Movie Night – 7:00 P.M. – UUFR-VA
Nov 9	Adopt a Highway – 10:00 A.M.– UUFR-VA
Nov 10	UUFR-VA Board Meeting – UUFR-VA
TBA	Ladies’ Luncheon – 11:30 A.M. – TBA
Nov 22	Fourth Fridays Gathering – 6:00 P.M. – UUFR-VA
Nov 25	River Readers – 6:00 P.M. – Lancaster Community Library

NOVEMBER UFR-VA MOVIE NIGHT!
366 James Wharf Road
White Stone, VA



Daniel Miller (Albert Brooks) isn't having a good week. For starters, he died after he got hit by a bus. Then he discovers that in the afterlife he must defend his actions on Earth in order to ascend to a higher plane of existence. While awaiting judgment, he falls in love with Julia (Meryl Streep), whose near-perfect life on Earth seemingly makes her a shoe-in for ascension. However, Daniel's actions in his lifetime might not be enough for him to move on.

COME ONE COME ALL

Bring Your Friends and Neighbors

Friday, November 8, 2019

Doors Open at 7:00 P.M.

Discussion Following Movie

Free Admission

Donations Optional

Freely Bring Snacks, Drinks or Dinner

Complementary

Popcorn and Soft Drinks

Share A Ride?? Need a Ride??

Coordinate With Belinda

Board of Stewards

Ruth Micklem, President
Bill Gimpel, Vice President
Lynn Langley, Treasurer
Vicki Kinsel, Secretary

Dave Dustin, Past President
Diana Jamison, Program Chair
Janet Hemming, Membership Chair

Web Site

<http://www.ufrappahannock.org>

<http://www.uufr-va.org>

Bob Prescott, Webmaster

Newsletter

Deadline for articles: 20th of the month
Bob Prescott, Editor (editor@ufrappahannock.org)