



THE CHALICE

UNITARIAN UNIVERSALIST FELLOWSHIP
OF THE RAPPAHANNOCK (UUFV-VA)

P.O. Box 1266
White Stone, VA 22578

January 2019

Fellowship Services

Fellowship services are held each **Sunday at 10:30 A.M.** at 366 James Wharf Road, White Stone, VA.
Meditation is held each Sunday from 9:30 A.M. to 10:00 A.M. in the sanctuary.
All are welcome. Coffee and conversation follow the service.

Sunday Programs

January 6

Lee Anne Washington: Suffering and Joy – What are we to do?

Suffering – can it be avoided? How do we understand it? What can we do about it? Joy – what is it? Where can we find it? How do we cultivate it? These are the questions that Lee Anne will address from different points of view.

Lee Anne Washington has been an attorney, author, and educator for 30 years. She is a graduate of the College of William & Mary, the University of Virginia Law School, and Union Presbyterian Seminary. She was raised in the United Methodist Church, lived ten years as a Modern Orthodox Jewish woman, and is a member of UUFV-VA. Lee Anne will be ordained as a Unitarian Universalist minister on **Sunday, January 13th, at 4:30 P.M.** at the First Unitarian Universalist Church in Richmond, VA. All are invited to attend. Lee Anne is a native of the Northern Neck and lives in White Stone.

UU Kids: Holiday Crafting

The kids will breathe a little spring cheer into our winter days by making paper flowers to decorate the refreshments table. We'll talk about winter and what happens to the flowers in the winter (where do they go?) and consider other plants and animals and how their lives change during the cold and snowy months. A

reminder that on the first Sunday of the month we begin in the sanctuary with the adults at 10:30 A.M.

Please send a quick email if you plan to bring children on either UU Kids Sunday. Let me know names, ages, and any allergies or special needs. Thank you!

January 13

Eddie Correia: Spirituality, Part 1 – What Is Spirituality?

Eddie Correia is a Washington, DC, attorney and an adjunct professor at American University's law school. Eddie was Chief Counsel of the Senate Antitrust Subcommittee and served in the Clinton Administration as Special Counsel to the President for Civil Rights in the White House. He is a member of the Board of Directors of the Lawyers' Committee for Civil Rights Under Law. He is the author of *The Uncertain Believer: Reconciling God And Science, Teaching Your Child About God In A Scientific World*, and two novels, *The George Washington Constellation* and *Elysia*.

January 20

Dr. Susan Moseley, Pastor: Faith Without Certainty – What is Liberal Theology?

How can we, as Unitarian Universalists, talk about faith in a way that invites others into the conversation and offers hope for a suffering world? One of the gifts that we bring to the conversation about life and its meaning is our high level of comfort with mystery and with the individual's search for truth. In this sense, being liberal is not a statement about our politics, but a statement about our openness.

Susan Moseley, D.Ed.Min., is Pastor for the UUFR-VA. She received her Doctor of Educational Ministries degree from Columbia Theological Seminary in 2012 and her certificate in spiritual direction from the Haden Institute in 2017. Susan is married to the Rev. Jim Moseley, Pastor for Campbell Memorial Presbyterian Church in Weems, VA.

UU Kids: Watch the bulletin for an Update on UU Kids for January 20th!

On this Sunday the children will be joined by a guest teacher from the fellowship! More information will be provided in the bulletin in January.

A reminder that on the third Sunday of the month you bring your child(ren) back to the children's space between 10:15 A.M. and 10:30 A.M. for a full hour of children's programming.

January 27

Scott Mabe: Another Look at Forgiveness

Scott will address some of the pros and cons of forgiveness. As children and as adults, we have been encouraged to forgive others who have harmed us. We hear and read about the benefits of forgiveness, but it continues to be a difficult task for many of us. Actually,

forgiving ourselves may be harder than forgiving others. And, it's important to realize that there are times when forgiving others can be unwise and potentially harmful.

Scott and his wife, Beth, live in Middlesex County. He earned his graduate degree at the University of North Carolina at Chapel Hill. Prior to his retirement, Scott was a family counselor for 25 years, and later taught sociology and psychology at Rappahannock Community College for 15 years.

Your Invitation



You're invited to *The Ordination of Lee Anne Washington*

[View details and reply](#)

Sunday, January 13, 2019, 4:30 P.M.

Clergy are invited for robing at 4:00 P.M.

[First Unitarian Universalist Church](#)
[1000 Blanton Avenue](#)
[Richmond, VA 23221](#)

President's Corner

by Ruth Micklem

Greetings to all and welcome 2019! What a year we have had at UUFR-VA - welcoming our very first UUFR-VA minister, Dr. Susan Moseley; breaking ground on our expanded building; and welcoming many new faces and friends to our sacred space. We have indeed, collectively, created a loving and welcoming space for all who enter here.

I had the opportunity, at our Sunday Service a couple of weeks ago, to talk about this past year and how we can continue our journey of honoring the inherent worth and dignity of every person and taking justice, equality, and compassion in all of our human relations beyond our church walls and into our community. Having safe and sacred space to gather, revitalize, restore, and reenergize is an important aspect of the work we have yet to do. We are blessed and grateful to those who have made this possible – for creating a warm and welcoming shelter is necessary for all living creatures and especially us humans.

In the upcoming year, we will have the opportunity to gather together and utilize our space to dig deeper into our understanding of injustice and, in particular, racial injustice, as we come together to learn about the Richmond Pledge to End Racism.

I had the opportunity to learn about some of the work of the First Unitarian Universalist Church in Richmond after attending our Tidewater Cluster meeting this past year and hearing about the Richmond Pledge to End Racism – a learning project and commitment to address racism in the Richmond community. After learning about the incredible work these church members were doing, I decided to follow up and attend the workshops that were being offered.

I knew immediately that this was the type of learning opportunity we needed to offer to our members and friends here at UUFR-VA. I also believe this is a program that we can

offer and spread throughout the Middle Peninsula and Northern Neck. This is a program that can inform and transform communities and expand our understanding of the impact and very negative consequences of white supremacy in our nation.

The workshops addressed important topics like recognition of bias and how we all have them, understanding the lingering impact of Jim Crow, how well intended white folks uphold racism through micro-aggressions and color-blindness; and the impact of systems of mass incarceration on communities of color. We also discussed the origins of Black Lives Matter and what this movement stands for. How did this movement evolve and how can white folks support it? Among many other important topics related to racial injustice, we practiced and role-played how to address racist remarks and actions with our white friends and family members. We ended the series of workshops by committing to continue our journey to end racism.

This year, UUFR-VA will be training facilitators and offering workshops based on the Richmond Pledge to End Racism. This is one step in our journey to dismantle a system of white supremacy, a system whose very structures are counter to our Unitarian Universalist Principles and a system that is gasping for breath and holding on tightly for it fears the unknown. We have the opportunity to be active participants in creating a more loving and supportive world for all.

I hope each and every one of you will join me, Susan, and the leadership of the UUFR-VA in our efforts to dig deeper, expand our consciousness, and roll up our sleeves to do the collective work of ending systems that oppress some, benefit others, and negatively impact our democratic process. Lend your energies to our endeavors to Side with Love and live out our Unitarian Universalist Principles every day and in all the spaces we enter.

If you are interested in learning more about our UUFR-VA Pledge to End Racism, please email me.

Wishing everyone a safe and joyous New Year!

In Peace,
Ruth

American Circumcision

by Hank Stupi

Over the last several years I have developed a curiosity about circumcision. Like many men in America, I was circumcised as an infant in the first few days of my life. I have started to wonder why. Circumcision was not something that was talked about growing up, nor is it something that typically comes up in conversation as an adult. I knew very little about it ... I really wasn't sure what the benefits of circumcision were, and I wasn't sure what detriments might be associated with it.

In December, I discovered and watched a 2018 documentary on Netflix titled "American Circumcision" (also available on Amazon Prime, YouTube, Google Play, and Vudu). It answered many questions for me and brought about an awareness that I previously lacked. Watching it was a surprisingly emotional experience for me. I cannot undo my past. However, I now want to do what I can to raise awareness about some of the issues involved in the circumcision of young male babies. Perhaps, the more we talk about it, the more we can change the way America thinks about circumcision. Many feel that this is the top human rights issue of the 21st century.

You can learn more at <http://www.intactamerica.org/> I think it's an important issue, and I'd be happy to discuss it with anyone interested.

Library News

by Chris Gimpel

Notes concerning our lobby library:

I encourage all of you, new and old, to keep checking library shelves. The books are very roughly categorized by topic (RE, women's studies, death and dying, history of religions, UUFR-VA, and so on). New books are on the far-left shelf, as are returns. To borrow a book, just sign the clipboard. There is no time limit for returns. Obviously, there is too little shelf space, so we make do. Some of the books have card pockets, but I find the circulation is very limited, and the little pockets and cards are labor intensive to insert, and few of the pocketed books have ever been signed out.

There is no up-to-date inventory, but I am hoping there will be in 2019.

Feel free to make recommendations. There are funds for new acquisitions. If you wish to review, summarize, or donate a book, please do, and email the information to me. If you discover titles that you consider out of date, let me know. I am a part-time UUFR-VA member and not always in town, but email works well for quick communication.

In addition, our little library at UUFR-VA has received two donated books. I hope you will look them over.

This Day in Unitarian Universalist History - by Frank Schulman

A History of Christianity - by Owen Chadwick

Happy investigating,
Chris Gimpel, Library Volunteer

**The Rev. Dr. Martin Luther King Day
Community Celebration**



**Sponsored by
The Northumberland Ministerial Association
and The Lancaster Ministerial Association
Monday, January 21, 2019, at 10:00 A.M.
At Willie Chapel Baptist Church
510 Merry Point Road, Lancaster
Preacher: The Rev. Willard Felton
From Shiloh Baptist Church**

The Pastor's Platform

by Pastor Susan Moseley, D.Ed.Min.

Happy New Year!

The passing of an old year and the arrival of a new, gives us all "grist" for reflection. Resolutions abound to read more, eat less, write more, worry less, sleep more, spend less, relax more, and stress less. What I want is to *be* more ... to be more attentive and more compassionate and more joyful as I move

through each day. I wish for a more just and peaceful nation working to make for a more just and peaceful world. This was, in fact, the dream of Dr. Martin Luther King, Jr.

After much debate and delay, President Ronald Reagan signed a bill making the third Monday of every January a National Holiday to commemorate the life and legacy of Dr. King. He was champion not only of the disenfranchised in America, but also a champion for all Americans, because he

understood that discrimination against even one child was to the detriment of every child, and every child's family, regardless of color.

On January 21st, Martin Luther King, Jr. Day, the Ministerial Associations of Lancaster and Northumberland Counties will host a celebration at Willie Chapel Baptist Church.

Lucia Lloyd, President of the Northumberland Ministerial Association, wrote in a letter to the Interracial Conversations participants: "In these difficult times, this event is a wonderful opportunity for people of all races to join together to celebrate the progress that has been made and to recommit ourselves to pray and strive for how far we still have to go toward the fulfillment of [Dr. King's] dream."

I invite you to join me at 10:00 A.M. at Willie Chapel on January 21st.

With hope and peace,
Susan

Save the Date

by Shirley Kinney

May 4, 2019, is the date for our first-ever UUFR-VA Silent Auction.

We'll be auctioning off amazing items and stupendous services (and perhaps a few other things) and offering wonderful appetizers and a cash bar. What could be more fun!

We will be sending you more details in January, but, in the meantime, start thinking about what services or quality items you might want to put up for auction. Perhaps an evening of elegant dining at your home or tickets to that ballet you didn't want to go to

anyway or dog sitting for someone. Items large and small are welcome.

Ten percent of the auction proceeds will go to the Healthy Harvest Food Bank and the balance will help support our UUFR-VA operating expenses.

So, plan on coming and bidding generously!

This is also an opportunity to invite your non-UU friends to our church. They'll enjoy a lovely time and perhaps come away with a cherished item or two. If you know a local business that might want to donate something and receive free advertising in our auction brochure, please talk to them.

If you have something you wish to donate to the auction, contact me, or Lynn Langley or Janet Hemming. We'll be happy to give you details right now!

River Readers

The book discussion group meets on the **fourth Monday** of each month at **2:30 P.M.** at the Lancaster Community Library. Everyone is welcome. Please read the book and join us. The upcoming selections are:

January 28: *The Heart's Invisible Furies* by John Boyne.

February 25: *Girl Waits With Gun*, by Amy Stewart

March 25: *The Centaur in the Garden*, by Moacyr Scliar and Margaret A. Neves

If you have a recommendation for a noteworthy book to discuss, please contact **Elaine Weekley**.



Rev. Laura Jackson Loo
Owner & Founder, Soul Action &
Quantum Communications, LLC



Rev. Laura Jackson Loo is a speaker, author, consultant, soul coach and musician, living in Hampton Roads, Virginia. Through her company, Soul Action, she gives people the tools and knowledge - enabling them to shift and transform - and traverse living in a whole New Era. While Laura is a nationally-recognized speaker on Earth Changes, she speaks on many topics including metaphysics, ancient prophecies, the New Era, New Paradigm Business and New Paradigm Community.

Through her talks - and live flute music she performs - she bridges Edgar Cayce's readings and ancient prophecies with modern science and quantum physics. Called the "Connect-the-Dots Lady," Laura helps people recognize opportunities to positively shift their lives and live their soul purpose. Speaking nationally as well as at Edgar Cayce's A.R.E., in Virginia Beach, Virginia since 2008, Laura gives lectures and workshops and has been featured in print, and on radio and television.

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Annual Intention Setting Gathering
 UU Fellowship of the Rappahannock
 366 James Wharf Road
 White Stone, VA 22578



Saturday, January 5, 2019
12:00 - 2:00pm
\$15 Voluntary Contribution
("Challenging Weather" rescheduling date: January 12*)

Rev. Laura's Annual Intention Setting Gathering
 2019 marks the 11th anniversary of Laura's Annual Intention Setting Gathering! This event has produced powerful results for those who have attended.

Laura walks you through a ceremony where you list all that no longer serves you (with gratitude). Everyone releases this list through a burning ceremony. Next, you write all the intentions you want to anchor in for 2019. How big can YOU intend?!

People have shared how many wonderful things have come to pass throughout the year following this ceremony. In January 2016, one of Laura's intentions was to get a new car, which happened unexpectedly in less than 30 days. Another lovely lady who attends annually shared how she discovered one year that EVERYTHING on her list came into being. *P.S.: It doesn't always look how you think!*

This is a fun gathering and a great way to launch the new year. Come and enjoy community, fellowship and new cocreations!

RSVP "Yes to Setting Powerful Intentions" to info@soul-action.com.

Namaste

*The opinions, findings, conclusions and recommendations expressed in this program are those of Rev. Laura's and do not necessarily reflect the views of the UUFR.

UUFR-VA Activities at a Glance

January 2019	
Jan 5	Intention Setting Gathering – 12:00 P.M. – UUFR-VA
Jan 13	Ordination of Lee Anne Washington – 4:30 P.M. – FUUC, Richmond
Jan 18	Ladies' Luncheon – 11:30 A.M. – Office Café, Irvington
Jan 20	UUFR-VA Board Meeting – Following the Service – UUFR-VA
Jan 21	MLK Community Celebration – 10:00 A.M. – Willie Chapel Baptist Church, Lancaster
Jan 28	River Readers – 2:30 P.M. – Lancaster Community Library
May 4	UUFR-VA Silent Auction

Board of Stewards

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Web Site

<http://www.uufrappahannock.org>
<http://www.uufr-va.org>
 Bob Prescott, Webmaster

Newsletter

Deadline for articles: 20th of the month
 Bob Prescott, Editor (editor@ufrappahannock.org)