



THE CHALICE

UNITARIAN UNIVERSALIST FELLOWSHIP
OF THE RAPPAHANNOCK (UUFV-VA)

P.O. Box 1266
White Stone, VA 22578

July 2018

Fellowship Services

Fellowship services are held each **Sunday** at **10:30 A.M.** at 366 James Wharf Road, White Stone, VA.

Meditation is held each Sunday from 9:30 A.M. to 10:00 A.M. in the sanctuary.

All are welcome. Coffee and conversation follow the service.

Sunday Programs

July 1

Scott Mabe: Ages of Love

Is love at age 25 different from love at 55 or love at 75? Scott will outline the different kinds of love that we may achieve at different stages of our lives. From infant love, childhood love, infatuation love, romantic love, maturing love, and growing-old-together-comforting love, each type of love requires a level of maturity that comes with time and experience. Wherever we are in our own journey of love, there are common elements in creating and maintaining love relationships.

This time of the year, Scott, an organic gardener, is mainly focused on growing his "love apples" (aka tomatoes). Scott and his wife, Beth, live in Middlesex County. He earned his graduate degree at the University of North Carolina at Chapel Hill. Prior to his retirement, Scott was a family counselor for 25 years, and later taught sociology and psychology at Rappahannock Community College for 15 years.

UU Kids: The kids will join all of the members of the fellowship for the first portion of the service. After Joys and Concerns, we will head back to the UU Kids space for some special programming.

July 8

Walter Clark: The Elephant in the Room

Unitarian Universalism encourages individuals to find their own spiritual path, but how do we handle all of those different paths under one roof? How do we discuss our differences with grace and understanding?

Walter Clark is a candidate for Unitarian Universalist ministry who graduated from Meadville Lombard Theological School in 2016. He served as an intern minister at the First Unitarian Universalist Church of Richmond from 2014 to 2016, as well as the intern minister at the Fellowship of the Peninsula in Newport News, VA, from 2016 to 2017. He has been itinerant preaching for the last several years all over central Virginia, as well as doing prison ministry at the Coffeewood Correctional Center.

July 15

Blair Kenyon: Parenting With Anxiety

Parenting at its best can be anxiety-inducing. How can we better manage that? Furthermore, how can we use it to be better parents, or better stewards in our society?

Blair Kenyon was 18 years old for his first 37 years. He then took the accelerated path to adulthood and married his wife Suzanne, became a father to Oliver, and then a couple of years later, became a father to Ashlin. Blair has been a cook, barista, travel agent, kennel manager, veterinary assistant, bank teller, town councilman, and financial services advisor. When he grows up, he wants to be an actor.

July 22

Lee Anne Washington: The Promise and the Practice

In our commitment to dismantling white supremacy as a system, and embracing the presence and leadership of people of color, white Unitarian Universalists are still learning to decenter our whiteness so that people of color are brought from the margins to the center. Join us in a special service designed by people of color to help us white folks explore more deeply what it means to practice anti-racism and live into the promise of a new way of being together.

Formed in the summer of 2015, Black Lives of Unitarian Universalism (BLUU) grew out of the broader Movement for Black Lives. In many ways, the origin of BLUU dates back to the 1970s when many Black UUs left our faith in the wake of unfilled promises made by the Unitarian Universalist Association (UUA) during what became known at the time as the “black empowerment controversy.” BLUU is an independent organization, fiscally sponsored by the UUA, led by an executive director, a community minister, and a volunteer Organizing Collective, which provides ministry for, and by, Black Unitarian Universalists, while also working to expand the role and visibility of Black UUs within our faith. The UUA has asked each congregation to donate at least \$10 per member to Black Lives of UU in fulfillment of the UUA’s

promise to Black Lives of UU. A special offering will be taken.

Lee Anne Washington has been an attorney, author, and educator for 30 years. She is a graduate of the College of William & Mary, the University of Virginia Law School, and Union Presbyterian Seminary. She was raised in the United Methodist Church, lived ten years as a Modern Orthodox Jewish woman, and is a member of UUFR. Lee Anne is on the path to ordination as a UU minister -- having just completed her two-year internship at First Unitarian Universalist in Richmond, VA. She will appear before the Ministerial Fellowship Committee in September. She is the author of “The Human Life Equation, A biblical case for choice.” Lee Anne is a native of the Northern Neck and lives in White Stone with her lovely daughter, Lucy.

July 29

Pastor Susan Moseley, D.Ed.Min.: Mandalas: Circles of Healing and Wholeness

Carl Jung refers to the mandala as “the psychological expression of the totality of the Self.” Mandalas are found throughout nature, architecture, and the visual arts. The mandala, or sacred circle, is one of the most profound and universal symbols of Wholeness. The experience of drawing a mandala or reflecting on a mandala can help one calm the mind and allow unconscious thoughts and feelings to surface. It is a “template for the mind, a state of peace and order, a resolution of the chaos within.”

Susan Moseley, D.Ed.Min., is Pastor for the UUFR. Her final project for the certificate in Spiritual Direction from the Haden Institute was about using and creating mandalas in spiritual direction.

Please join us for the 5th Sunday Potluck immediately following the service.

Leadership Corner

Treasurer

by Lynn Langley

Your elected Treasurer has responsibility for the cash flow of the fellowship. That entails recording donations, paying expenses, and managing funds not immediately needed to maximize income. This activity is guided by our Bylaws and Policy and Procedures Manual utilizing two separate funds.

The **Operating Fund** receives the Sunday morning donations, rental income, and distributions from the endowments. The Board-adopted annual budget sets a target for that income and controls where those funds will be spent. The Treasurer protects the confidentiality of donations with a Board-approved member of the Finance Committee cross-checking the Sunday morning count as one of our many checks and balances. The Treasurer supplies a year-end tax letter to all donors of record since all donations are tax deductible. On the expense side, the Treasurer verifies each expense with receipts and issues checks in a timely manner.

The **Growth and Opportunity (G&O) Fund** receives donations for specific projects (our “vote-with-your-checkbook” policy) like our building addition and other donations and income that may not be specifically designated. Again, confidentiality is preserved if that is the donor’s preference. Expenses are paid consistent with the purpose of each donation.

If donations to either fund get ahead of expenses, a portion of those funds are moved from non-interest-bearing checking to income-generating accounts to maximize gains to the fellowship. The Treasurer consults with our Trustees, who are our investment-focused team, to determine the best opportunity for income with a low level of risk. Through this very careful management of funds, we have been able to

add \$29,715 in investment income to the G&O Fund over the last three years.

Monthly reports of cash flow are provided to the Board. In addition, quarterly reports highlight income and expenditures in relation to the budget so action can be taken if either deviates significantly. Treasurer’s records are cross-checked annually by the Chair of the Finance Committee with the results reported to the Board. The Treasurer is a member of the Board and a member of the Finance Committee to assure constant familiarity with the needs and activities of the fellowship.

I have been honored to serve as your Treasurer for many years and also serve as Treasurer of our Kids First Foundation. My previous life was as financial manager for Voice of America and for USIA. Our Assistant Treasurer is Paula Greenwood, a very experienced bookkeeper and tax expert for many businesses, now retired as well.

A History of UU

by Hank Stupi

“Long Strange Trip” is a six-part video series by Ron Cordes that explores the history of Unitarian and Universalist thought and practice from the early, liberal strands in faith at the beginning of the Christian era to what we know today as Unitarian Universalism. Each part of “Long Strange Trip” is approximately one hour in length. One part will be shown each Sunday at noon at the church, from August 5 to September 9. There will be time for discussion after each film.

If you have any of the first four DVDs, please contact me as soon as possible. Fortunately, Lynn Langley owns a set that she will let me borrow, but I would like to get UUFR’s complete six-part video series back in hand.



Susan Moseley Officially Welcomed as UFR's First Minister

by Bob Weekley

On June 3, Dr. Susan Moseley was welcomed to the congregation as the fellowship's first minister by Ruth Micklem, Board President, and Bob Weekley, Chair of the Minister Search Committee.

Bob cited the priorities and needs of the congregation in hiring a minister:

“For professional pastoral care for our members and friends, especially for the sick, the troubled, the dying, and those bereaved.

“To act in the larger community by helping to communicate to others our principles and values, and by helping us take our place among the other faith groups here.

“To participate in UFR worship services and programs, leading us into a deeper understanding of our faith and our opportunities for service.

“To participate in regional and national Unitarian Universalist events and to share with us the depth of UU faith and activism.

“To be a consultant to the UFR on church administration, helping us move forward wisely.”

Bob added, “We believe we have rightfully chosen you, as a person of faith, experience, and principle, to lead us in all these areas.

President Ruth Micklem warmly welcomed Susan and led the congregation in a responsive reading of welcome.

Susan thanked the congregation and shared her approach to her new ministry: “Thank you for making a place for me in your fellowship and for inviting me to represent the UU community in the larger landscape of the Northern Neck. I have been asked to say a little more about myself and about my understanding of the relationship we will be working on together.

“Many of you already know a little about me, and you will get to know me well as time goes on. You already know of my Presbyterian background and my vocation as an educator in the Presbyterian Church. Here's what I want to share with you today. I am not only comfortable with my move from Presbyterian to UU, but I am also eager for this new path. I am a wisdom seeker and a fellow sojourner on the spiritual path. I am in love with the deep mysteries and the deepest questions of life – Who are we, and Who are we becoming?”

“I also love black coffee, good wine, and animals of all kinds. I love books, thunderstorms, and dark chocolate. I love one-on-one conversations, and I love people who want to grow deep roots ... down into the soil of friendship.

“I am here with you because I believe that you, too, are in love with life and the divine benevolence which guides the universe. I am here with you because I share the Unitarian Universalist Principles with you and truly believe that the pursuit of those principles can help heal and transform our world. And most of all, I am here with you because I want to be your pastor. I want to hold a safe space for you to explore your hopes, dreams, sorrows, and joys. I am eager to get to know you and I want to share this journey with you.”

The Pastor's Letter

Dear Members and Friends of UUFR,

I am thrilled to be writing to you as your pastor – your very *first* pastor, as a matter of fact. What an honor to own that title. Thank you for inviting me into your fellowship and into your lives. As I write this article, I am entering my third week in this new role.

As you can imagine, there is so much I want to write about, but “all in good time,” as they say. Although I cherish time with you one-on-one, *The Chalice* gives me the opportunity to speak to our fellowship, the community of folk connected to the UUFR. Sometimes my article will be personal, occasionally profound, and often just a sharing of thoughts and random musings. In other words, this new column in the monthly newsletter will be an opportunity for you to get to know *me* better.

As I pondered this first piece, I realized that we are all experiencing the highs and lows of summertime and that maybe this is a good place to start. So ... what do I like about summer? Summer has alternated in my experience between wonderful and miserable, between highly anticipated and sorely dreaded.

I grew up in Florida, outside of Orlando during my early elementary years, and in Daytona Beach for my Junior High and High School years. In Florida, especially in Daytona Beach, I couldn't wait for summer. There were basically two seasons: summer and NOT summer. Yes, it would get cold in the winter, cold enough that the orange groves had to have heaters to keep the oranges from freezing. However, weather was not such a big deal for me in my formative years. All I could think about was school ending and being able to walk to the beach or swim in my best friend's pool every day.

Later, when I was married with children, I tended to dread the beginning of summer,

because it meant scheduling numerous play dates, trips to the community pool, and various educational outings. All this planned activity was so I did not have to hear the complaint ... “I'm bored!” However, once we got in a rhythm – a kind of balance between home and outing – the household calmed down and the lazy afternoons of playing outside with neighborhood children became valued for its own sake.

In Delaware, summer meant a time of slowing down. The children were grown and out of the house. Church programs, for which I was responsible and that mirrored the school year, took a break, and the office was quieter. There was time to reflect and time to prepare for the coming year's programs. I loved that the days were long so that when I left the office, we still had several hours of daylight. It felt like I was getting two days for the price of one ... the workday and the social evening with friends and neighbors.

Now that Jim and I have moved permanently to our home at Windmill Point, we have a wonderfully different appreciation for the summer season – in spite of the mosquitos. This summer is the beginning of our new adventures in ministry here on the Northern Neck. We are both busy with new relationships and new responsibilities, but because we are living *on the water*, we are both reconnecting to our own deep affection for our Florida childhoods near the beach.

One of my favorite events of the summer is July 4th. In Daytona Beach my family and next-door neighbors walked the two blocks to the beach to watch the fireworks shot from the end of the pier. Here on the Northern Neck, there seem to be fireworks coming from every direction. We also look forward to the Irvington 4th of July Parade, which we have enjoyed several times over the past seven years. I especially love the antique cars that proceed, one after another, for what seems like a mile.

So ... what do *you* like about summer? Jim and I were talking at our kitchen table this afternoon about this very topic and decided that we would each ask our particular faith community to share responses to the question on that community's Facebook page. So please visit the Uufr Facebook page and post a picture, a memory, or a quote that captures something of what summer means to you. This way we can all get in on the sharing and learn more about one another. I look forward to your posts!

In joy and peace,
Susan

Who's Who in UU

by Elaine Weekley

As we announced last month, for quite some time, off and on, we have had the privilege of reading the biographies of some of our members in the newsletter articles, "Who's Who in UU." Now we are planning to produce an additional version. A photograph album! Sara Graham, our excellent photographer, has graciously agreed to take

our pictures. We would like to include photographs of individuals, couples, and families. Please come on **July 15** for you and/or your family to participate. The finished album will be available in the library.

River Readers

The book discussion group meets on the **fourth Monday** of each month at **2:30 P.M.** at the Lancaster Community Library. Everyone is welcome. Please read the book and join us. The upcoming selections are:

July 23: *Manhattan Beach* by Jennifer Egan

August 27: *The Last Painting of Sara de Vos* by Dominic Smith

September 24: *Beachcombing for a Shipwrecked God* by Joe Cooper

If you have a recommendation for a noteworthy book to discuss, please contact **Elaine Weekley** at 804-462-0035.

Uufr Activities at a Glance

| July 2018 | |
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| Jul 20 | Ladies' Luncheon – 11:30 A.M. – Great Fortune, Kilmarnock |
| Jul 23 | River Readers – 2:30 P.M. – Lancaster Community Library |
| Oct 13 | Tidewater Cluster – UU Williamsburg |

Board of Stewards

Ruth Micklem, President
Bill Gimpel, Vice President
Lynn Langley, Treasurer
Shirley Kinney, Secretary

Dave Dustin, Past President
Hank Stupi, Program Chair
Janet Hemming, Membership Chair

Web Site

<http://www.uufrappahannock.org>
<http://www.uufr-va.org>
Bob Prescott, Webmaster

Newsletter

Deadline for articles: 20th of the month
Bob Prescott, Editor (editor@uufrappahannock.org)