



# THE CHALICE

UNITARIAN UNIVERSALIST FELLOWSHIP  
OF THE RAPPAHANNOCK (UUFV-VA)

P.O. Box 1266  
White Stone, VA 22578

April 2018

## Fellowship Services

Fellowship services are held each **Sunday** at **10:30 A.M.** at 366 James Wharf Road, White Stone, VA.  
Meditation is held each Sunday from 9:30 A.M. to 10:00 A.M. in the sanctuary.  
All are welcome. Coffee and conversation follow the service.

## Sunday Programs

### April 1

**Lee Anne Washington:** Spiritual Gifts - What are they? Who has them? And, what should we do with them?

Lee Anne will introduce us to traditional and modern notions of *spiritual gifts*. She will discuss the answers to the questions – what are they and who has them. And, then offer suggestions for what to do with them. [Hint: Everyone has at least one of them, and no one has all of them!]

Lee Anne Washington has been an attorney, author, and educator for 30 years. She is a graduate of the College of William & Mary in Virginia and the University of Virginia Law School, and Union Presbyterian Seminary. She was raised in the United Methodist Church, lived ten years as a Modern Orthodox Jewish woman, and is a member of the Unitarian Universalist Fellowship of the Rappahannock. Lee Anne is on the path to ordination as a Unitarian Universalist minister – completing her two-year internship at First Unitarian Universalist in Richmond, VA, in May. She will appear before the Ministerial Fellowship Committee in September. She is the author of *The Human Life Equation, A Biblical Case for Choice*. Lee Anne is a native of the Northern Neck and

lives in White Stone with her lovely teen-aged daughter, Lucy.

**UU Kids:** The kids will join all of the members of the fellowship for the first portion of the service. After Joys and Concerns, we will head back to the UU Kids space for some special programming.

### April 8

**Diana and Company:** Furry Friends

Have you ever wondered why pets are so important in the lives of people? Or, what animals can teach us about spirituality?

UUFV-VA members and furry friend lovers, Diana Jamison, Hank Stupi, Nancy Johnston, Ruth Micklem, and Paula Greenwood, will share how their animal connections have touched their lives.

### April 15

**Sara Mackey:** Are You a Minister?

Sometimes we think of a minister in terms of a very specific definition, and it may not be a definition that we think fits us. Come join us and Sara Mackey as we contemplate this question.

Sara Mackey has been a friend of UUFR-VA since her seminary days, when the fellowship was meeting in the Woman's Club down the road. She lives in Richmond and currently works at Union Presbyterian Seminary, where she earned her M.Div. She has served Williamsburg UU as Director of Faith Development, and she has volunteered in many capacities over the years at UU Community Church in Glen Allen. Always on the lookout for new perspectives, Sara currently attends evening worship at St. Stephens Episcopal Church in Richmond. Sara has a son, daughter-in-law, and pre-school grandson who live in Brooklyn, and a daughter and son-in-law in Richmond. She has a dog and two cats who share her home. She loves to make things and is improving her knitting and crochet skills, inch by inch.

**UU Kids:** Programming will be offered for both kids and teens. Weather permitting, we'll be outside for part of the hour, so please be sure your UU Kids come dressed for outdoor activity.

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### April 22

#### **UU Kids:** What's Going On In the Back Room?

Our UU Kids have once again been invited to prepare a program for everyone. Since September, the younger kids have been learning about UU rituals – including why we light a chalice, the importance of sharing joys and concerns, and how to form a closing circle. The teens have been exploring healthy sexuality and healthy relationships. Ashlin Kenyon will represent the younger kids and assist Pepper with the service opening. Oliver McAninch will represent the teens with a thought-provoking talk on the Circles of Sexuality, some of the lessons he has learned this year, and his aspirations for healthy relationships with family, friends, and romantic partners. Come prepared to laugh a

bit, learn a bit, and support our youngest members as they share what they are learning.

Ashlin Kenyon, aged 6, attends Chesapeake Academy where he has been super-excited to participate in after-school karate classes this spring. Oliver McAninch attends Christchurch School where he has enjoyed participating in theatrical productions, playing lacrosse, and skateboarding to classes. Ashlin and Oliver are brothers, and their parents, Suzanne Shepherd and Blair Kenyon, are members of UUFR-VA. Pepper is one of their many proud grandparents and also coordinates our UU Kids program.

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### April 29

#### **Rev. Dr. Cathie Stivers:** The Indigenous Practice of Balance

Rev. Dr. Cathie Stivers will describe the ancient yet timeless practice of balance, and why it is so important in the chaotic times we are currently experiencing. A broader context of this ancient practice will be provided through an overview of Cathie's recently published book, *Reviving Our Indigenous Souls: How to Practice the Ancient to Bring in the New*.

Rev. Dr. Cathie Stivers is an ordained Unitarian Universalist minister, affiliated with the UU Community Church of Glen Allen. Cathie was a pediatric chaplain for over a decade at the Children's Hospital of Richmond at VCU. She was also a scholar at Stephen Jenkinson's Orphan Wisdom School (2011-2014), and she has continued her studies and writings about indigenous ways of being in the world. Her new book, *Reviving Our Indigenous Souls: How to Practice the Ancient to Bring in the New*, is now available from Balboa Press.

**Please join us for the 5th Sunday Potluck immediately following the service.**

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## ***Leadership Corner***

### **Leadership Development Committee**

by Dave Dustin

The Leadership Development Committee (LDC) consists of me (Dave Dustin), Kristi VanAudenhove, and Hank Roden. Our mission is to encourage UUFR-VA members to realize how their talents can help lead our fellowship toward a successful future, while enhancing their spiritual lives.

Each of us has a special talent or interest that could be used to help our fellowship maintain our current programs, but, more importantly, could also be used to help our fellowship move forward in a more effective and efficient manner.

The best way for this to happen is if interested members of the fellowship would simply approach one of the LDC members and tell us how they would like to help our fellowship. Another way is for LDC members to review the “New Member Survey” that each new member, hopefully, fills out. Based on the answers provided in the New Member Survey, a member of the LDC may approach a member of the fellowship and ask them to serve on a committee that is a good match for their interests. The LDC and the Membership Committee work closely together to identify UUFR-VA members who may wish to serve on our various committees or help support our many programs.

Each year, there are also several opportunities for members of our fellowship to attend Unitarian Universalist Association (UUA) events. One of these events is the UUA General Assembly Meeting. Immersing oneself in the meeting’s UU talks and workshops allows participants to explore their UU faith and, hopefully, share their experience and the knowledge gained. Sharing this knowledge gained with our fellowship improves how we “worship.”

This year the [UUA General Assembly](#) will be held June 20<sup>th</sup> - 24<sup>th</sup> in Kansas City, MO. “Attendees worship, witness, learn, connect, and make policy for the Association through a democratic process.” Registration is now open!

Another exciting event is the Southeastern Unitarian Universalist Summer Institute (SUUSI). Several members of UUFR-VA have attended one of these summer camps and have thoroughly enjoyed the experience. SUUSI’s 2018 summer camp will take place July 15<sup>th</sup> - 21<sup>st</sup>. Registration opens April 1<sup>st</sup>. SUUSI is held in the beautiful mountains of North Carolina. For more information visit their website at [suusi.org](http://suusi.org)

There’s also the Tidewater UU Cluster. The Tidewater Cluster is a group (as the name implies) of local Southeastern Virginia UU Fellowships who have banded together to explore and conduct workshops which also help attendees deepen their UU faith. Bob Weekley has been attending these meetings and finds them very productive and personally rewarding. The next Tidewater Cluster meeting will be held Saturday, October 13<sup>th</sup>, at the Williamsburg Unitarian Universalists Church. If you are interested in attending one of these meetings, please contact Bob.

Financial assistance is available. Please contact UUFR-VA President Ruth Micklem for information regarding scholarships (it’s all confidential).

### **Save the date! Tidewater Cluster: Saturday, October 13, 2018**

by Bob Weekley

The Tidewater Cluster steering committee is proud to announce our annual Cluster gathering to be held on Saturday, October 13<sup>th</sup>, 2018. The event will be held at the Williamsburg Unitarian Universalists. This year’s theme, “*Transforming Ourselves, Transforming Our World,*” will provide us

opportunities to share with our sister congregations how our UU principles are changing our inner lives while we impact the world around us. For the first time in several years, we have all Tidewater congregations involved in the planning and execution of this special day. It is our hope that we will offer workshop opportunities and activities that will address the needs of young and old!

Stay tuned for further information as we get closer to the date, but if you have any questions, please speak to me, our congregational representative.

### Who's That?

Scott Mabe reminds us to wear our UUFR-VA name tags. New folks are appreciative, and the memory-impaired feel younger. See Scott for a new name tag.

### Food Bank Update

By Pam Collins

“The Healthy Harvest Food Bank” is the name our Food Bank gives itself, for the quality of the food it provides to needy people via partner agencies across six counties. That’s a huge number of people and a huge amount of food to distribute.

Your one dollar donation = lunch and a snack for a child.

Your five dollar donation = 40 pounds of food for a family.

Your ten dollar donation = six weekend meals for a child.

Thank you for your donation.

### UULMVA Meeting April 11 at First UUR

There will be a general organization meeting at the First Unitarian Universalist Church in Richmond, VA, on April 11, 2018, from 10:00 A.M. to 3:00 P.M. concerning the [Unitarian Universalists Legislative Ministry of Virginia](#) (UULMVA). Zoom service will be provided.

All interested are welcome.

If you have questions, contact Dean Wanderer.

### River Readers

The book discussion group meets on the **fourth Monday** of each month at **2:30 P.M.** at the Lancaster Community Library. Everyone is welcome. Please read the book and join us. The upcoming selections are:

**April 23:** *The Underground Railroad* by Colson Whitehead

**May 28:** *Lincoln in the Bardo* by George Saunders

**June 25:** *Manhattan Beach* by Jennifer Egan

If you have a recommendation for a noteworthy book to discuss, please contact **Elaine Weekley**.

### UUFR-VA Activities at a Glance

April 2018	
Apr 11	<b>UULMVA Meeting – 3:00 P.M.</b> – UU Richmond
Apr 20	<b>Ladies’ Luncheon – 11:30 A.M.</b> – The Dub Shack, Kilmarnock
Apr 23	<b>River Readers – 2:30 P.M.</b> – Lancaster Community Library
Oct 13	<b>Tidewater Cluster</b> – UU Williamsburg

**Board of Stewards**

Ruth Micklem, President  
Bill Gimpel, Vice President  
Lynn Langley, Treasurer  
Shirley Kinney, Secretary

**Web Site**

<http://www.uufrappahannock.org>

<http://www.uufr-va.org>

Bob Prescott, Webmaster

Dave Dustin, Past President  
Hank Stupi, Program Chair  
Janet Hemming, Membership Chair

**Newsletter**

Deadline for articles: 20<sup>th</sup> of the month  
Bob Prescott, Editor (editor@uufrappahannock.org)