



THE CHALICE

UNITARIAN UNIVERSALIST FELLOWSHIP
OF THE RAPPAHANNOCK (UUFRA-VA)

P.O. Box 1266
White Stone, VA 22578

September 2017

Fellowship Services

Fellowship services are held each **Sunday** at **10:30 A.M.** at 366 James Wharf Road, White Stone, VA.

Meditation is held each Sunday from 9:30 A.M. to 10:00 A.M. in the sanctuary.

All are welcome. Coffee and conversation follow the service.

Sunday Programs

September 3

Dave Dustin: We Are the Crown of Creation ... Yes, But for How Long?

Dave will discuss the latest developments in gene editing and its implications on the future of the human race. Humans have a reputation for taking discoveries about genetics and using them for ill purposes. Can we successfully harness the latest breakthroughs in genetic editing for purposes of good?

Dave Dustin holds a B.S. degree in Computer Science from Maryland University and retired from Johns Hopkins University/Applied Physics Laboratory in 2012 after 38 years of service. During the years of 2000 to 2006, he worked as a cybersecurity consultant to the Federal Aviation Administration. He is currently serving on the UUFRA-VA Board of Stewards as past-president and is past-vice president of the Kids First Foundation. Dave is also on the Rappahannock Amateur Radio Association Board, is currently vice-president of the Betz Landing Homeowners Association, volunteers at the White Stone Baptist Church's Food Pantry, and, along with his wife Terrie, picks up furniture for the Interfaith Service Council.

UU Kids: The younger kids will be introduced to our 2017-2018 curriculum,

Signs of Our Faith. We'll explore rituals at home and at school that the kids may be familiar with, and we'll talk about symbols and their meanings in our lives.

The teens will get an introduction to the **OWL** curriculum, choosing the sections they are most interested in exploring during the year and getting grounded in the broad meaning of the term "sexuality."

September 10

Sara Mackey: Cure and Healing

Science and medicine can provide many effective ways to cure disease. Cure and healing are not the same, though, and healing is a territory where science and medicine might not have the advantage. We, on the other hand, even if we aren't scientists or medical professionals, may have more power than we may think when it comes to healing. Join us and Sara Mackey as we contemplate those things which cure and those things which heal.

Sara Mackey has been a friend of UUFRA-VA since her seminary days, when the fellowship was meeting in the Woman's Club down the road. She lives in Richmond and currently works at Union Presbyterian Seminary, where she earned her M.Div. She has served

Williamsburg UU as Director of Faith Development, and she has volunteered in many capacities over the years at UU Community Church in Glen Allen. Always on the lookout for new perspectives, Sara currently attends evening worship at St. Stephens Episcopal Church in Richmond. Sara has a son and daughter who live far away, and a very young grandson. She has a dog and two cats who share her home. She loves to make things and is improving her knitting and crocheting skills, inch by inch.

September 17

Scott Mabe: The Loss of Civility

Scott will explore the questions of whether we have lost the motivation to treat others with respect and civility, and what happens when incivility becomes the norm for our society. Fellowship members and friends will be encouraged to share their thoughts and experiences regarding these questions.

Scott Mabe and his wife, Beth, live in Middlesex County. He earned his graduate degree at the University of North Carolina at Chapel Hill. Prior to his retirement, Scott was a family counselor for 25 years, and later taught sociology and psychology at Rappahannock Community College for 15 years.

UU Kids: The kids who are part of the **Signs of Our Faith** group will have the opportunity to practice following a leader and being a leader – and we'll consider what leadership looks like in our faith. As a symbol of their leadership, they will receive a special UUFR-VA stole and, as the year progresses, they will add badges to their stoles representing the things they have learned.

The teens in **OWL** will spend some time reflecting on the values that guide them in their lives – and finding the similarities and differences amongst the values that they hold. They'll be challenged to consider what

happens when their values clash with the values of a friend.

September 24

Mohamad Barbarji – Islam: A Religion of Peace

What does it mean to be a Muslim? Mohamad will discuss the five pillars of Islam, The Quran, and the role of women in Islam.

Mohamad Barbarji was born in Beirut, Lebanon, in 1964. At the age of 12, Mohamad and his family fled the ongoing civil war in Lebanon to Saudi Arabia. They lived in Riyadh until he graduated from high school, and, in 1986, Mohamad decided to pursue his higher education in the United States. He graduated from Old Dominion University in Electrical Engineering Technology and then earned a Master's degree in Technology Education at Virginia Tech. He has been teaching at West Point High School for 24 years and has earned the respect of his students, the staff, and the community. He has been married for 24 years to his lovely wife, Kimberly, and has three children. Hamed, 19, is a sophomore at VCU. Tre'Von, 17, is a junior, and Zach, 15, is a sophomore, both at Lafayette High School.

Correction!

A profile of our Past President, Dave Dustin, which appeared in the August edition of *The Chalice*, was inadvertently attributed to our Editor-At-Large and International Reporting Ace, Eve Jordan. The award-winning article was, indeed, produced by Special Visiting Columnist, Terrie Dustin. Apologies to all for the confusion.

-Ed

Leadership Corner

Fall is on the way ... and so are New Plans for the UUKids!

by Kristi VanAudenhove

After a welcome summer vacation, UUFR-VA will be back to offering special programming for our children and youth beginning September 3rd. Programming will be available the first and third Sundays of each month, from September through May.

We'll be using two UUA curricula this year: one adapted for children ages five to eleven, and one for our teens. Kids of all ages are welcome to join in – although we ask that at least one adult caregiver accompany any children under two as they participate.

The children's group will be engaged in learning about **Signs of Our Faith**. The curriculum presents fourteen traits or values that most Unitarian Universalists love, including the quest for knowledge, reverence for life, supporting one another on our faith journeys, and public witness. We'll explore these traits through stories, art, and movement. **Signs of Our Faith** engages children to explore ritual practices of our faith that remind us of these traits and values. Some of the rituals are enacted in the fellowship; some we conduct alone, or in our interactions with family, friends, and peers; others are offered to the wider world. This program helps children understand the abstract concept of a ritual by naming rituals as signs of our faith. Rituals are defined broadly, so that naming and dedicating a baby is a ritual, but so too is befriending a new child at school. Through the concept of "ritual," children discover evidence of their faith in everyday actions and are encouraged to ritualize or form into habit such traits as caring, welcoming, and making fair group decisions.

We will be using the **Our Whole Lives (OWL)** curriculum with the teens. The OWL

series of curricula is based on the premise that honest, accurate information about sexuality changes lives. It dismantles stereotypes and assumptions, builds self-acceptance and self-esteem, fosters healthy relationships, improves decision-making, and has the potential to save lives.

Our Whole Lives helps participants make informed and responsible decisions about their sexual health and behavior. With a **holistic approach**, **Our Whole Lives** provides accurate, developmentally appropriate information about a range of topics, including relationships, gender identity, sexual orientation, sexual health, and cultural influences on sexuality. We'll jump right into answering the question "What is Sexuality?" and then examine values and language. We'll unpack gender roles and gender stereotypes. We'll talk about what is important in relationships, and we'll talk about big concepts like consent and speaking up for yourself in making decisions about your sexual experiences.

With all of the progress that is being made on the outdoor playground, we are also looking forward to spending more time outdoors this year. We will be engaged in lessons at the picnic table and having fun on the equipment Mike Knez has been building.

Your participation and your contributions are always welcome! You can spontaneously join in and help out with a lesson -- or offer your help with the preparations. This year **we** could really use some help from folks **with sewing skills**. (The younger kids will be given stoles and will be adding badges through the year -- we can pin them on, but it would be awesome if someone is able to sew them on for us, and/or even create pretty fabric badges rather than just the paper ones we'll be cutting out!) And finally, we also love it when you stop in to the kids' space at the end of a service, or chat with the kids over refreshments about what they have been doing. So many of you have made that a

habit and the kids were really feeling the love last year -- so thank you!

“Finding Your Way”

by Elaine Weekley

Sign Up Now! Cliff Schelling will be facilitating a seven-week workshop titled “Finding Your Way.” The purpose of the program is to help participants create a healthy way of responding to our contentious environment. You will:

1. Explore our mythological, spiritual, psychological, philosophical, and scientific heritage.
2. Identify your psychological strengths and needs.
3. Create a spiritual practice that fits with your personality and values.
4. Translate that practice into a way of life that results in greater health and happiness.
5. Form a support group that will encourage and challenge you on your journey.

We will meet for an hour and a half at 7:00 P.M. on Tuesdays, October 10, 17, and 24; November 7, 14, and 21; and December 5. The sign-up sheet is in the foyer, or you may contact Elaine Weekley.

An October Treat

As the stifling heat of summer begins to abate, and schools across the Commonwealth open their doors to inquisitive minds, many seniors opt for a well-timed vacation. Such is the plight of your editor. As I take a short break from Northern Neck tranquility, Kristi VanAudenhove has stepped up and volunteered to edit and distribute the October issue of *The Chalice*. God bless Kristi. So, articles and announcements for October should be directed to Kristi, by September 20th.

Reserve Your Space

by Diana Jamison

Join The Gurleys and Friends in concert on September 16th at UUFR-VA. Doors open at 6:30 P.M., and the concert begins at 7:00 P.M. There will be a cash bar, and the Gurleys excellent CDs will be available for sale.

Bill and Pam are familiar faces to our fellowship and beyond. For this concert, “A Celebration of Song,” they will be joined by long-time friends, Clinton Midgett on piano and Jimmy Masters on upright bass. Together, they will perform original music and a new selection of well-loved tunes from the American songbook, prepared especially for this show.

The concert is supported by the Cabaret Committee, and donations (\$20, more or less) will be accepted at the door. Profits will be donated to the Kids First Program.

Interest is mounting for this concert. Reserve your seat early by contacting Diana Jamison.

New Books

by Shirley Kinney

A new book has been added to our UUFR-VA library in the foyer. As always, you are encouraged to check out our library books. Perhaps you’ve been dying to do a Sunday talk, but didn’t know what to talk about? One of these books would be a great jumping-off place.

Perhaps you’ve been wanting to increase your knowledge of the world’s religions? Perhaps you just want to satisfy that insatiable craving for knowledge you’ve always had? Here’s the place to satisfy all these needs.

How We Die: Reflections on Life’s Final Chapter

by Sherwin B. Nuland

In an age when death occurs in sterile seclusion and is cloaked in euphemism and taboo, Nuland’s work acknowledges the

harsh realities of how life departs and yet insists that the terminal condition of mankind has something to teach us. The author clearly, frankly, yet compassionately, tells us how most of us are likely to die and, in doing so, suggests how we may live more fully and meaningfully. Nuland, a distinguished surgeon, describes the mechanisms of cancer, heart attack, stroke, AIDS, and Alzheimer's disease with clinical exactness and poetic eloquence – and with the sensitivity of a man recalling his own intimate losses.

But even as Nuland dispels the myth of the dignified death (and decries the technological hubris of much modern medicine), he succeeds in restoring death to its ancient place in human existence.

River Readers

The book discussion group meets on the **fourth Monday** of each month at **2:30 P.M.** at the Lancaster Community Library. Everyone is welcome. Please read the book and join us. The upcoming selections are:

September 25: *The Little Paris Bookshop* by Nina George

October 18: *Barkskins* by Annie Proulx
 “Big Book” Only
 Dinner and Discussion at ICYCC

November 27: *The Tea Girl of Hummingbird Lane* by Lisa See

If you have a recommendation for a noteworthy book to discuss, please contact **Elaine Weekley**.

UUFRR-VA Activities at a Glance

September 2017	
Sep. 10	UUFRR-VA Picnic following the Sunday Service
Sep. 15	Ladies' Luncheon - 11:30 A.M. at Chao Phraya in Kilmarnock
Sep. 16	The Gurleys and Friends - 6:30 P.M. at UUFRR-VA
Sep. 17	UUFRR-VA Board meeting after the Sunday Service
Sep. 25	River Readers - 2:30 P.M. at the Lancaster Community Library
Oct. 8	UUFRR-VA Congregational Retreat - Chanco on the James
Oct. 10	“Finding Your Way” Workshop begins

Peny Gallogly; Diana Jamison; Vicki Kinsel

Board of Stewards

Ruth Micklem, President
 Bill Gimpel, Vice President
 Lynn Langley, Treasurer
 Shirley Kinney, Secretary

Dave Dustin, Past President
 Nancy Stupi, Program Chair
 Janet Hemming, Membership Chair

Web Site

<http://www.uufrappahannock.org>
<http://www.uufr-va.org>
 Bob Prescott, Webmaster

Newsletter

Deadline for articles: 20th of the month
 Bob Prescott, Editor (editor@uufrappahannock.org)