



THE CHALICE

UNITARIAN UNIVERSALIST FELLOWSHIP
OF THE RAPPAHANNOCK (UUFRA-VA)

P.O. Box 1266
White Stone, VA 22578

November 2016

Fellowship Services

Fellowship services are held each **Sunday** at **10:30 A.M.** at 366 James Wharf Road, White Stone, VA.
Meditation is held each Sunday from 9:30 A.M. to 10:00 A.M. in the sanctuary.
All are welcome. Coffee and conversation follow the service.

Sunday Programs

November 6

Rev. Hal White: Importance of Relationships in the Last Third of Life

In the last third of life, helpful and healing relationships become increasingly important. Our well-being depends upon our doing all we can to avoid isolation. Our spiritual health is, in part, measured by the mutually supportive relationships we develop.

Rev. Hal White is a retired Episcopal priest and a Licensed Professional Counselor in the State of Virginia. He served churches in Southern Virginia, West Virginia and Virginia. He lives with his wife, Sally, in Wicomico Church, VA.

UU Kids: The children's lesson will be "Thanks be for Trees" from the World of Wonder curriculum. Blair will continue to help the kids explore the interdependent web of life, encouraging a new appreciation for the wonder of trees.

The teens will continue to expand their understanding of Buddhism. We will explore how Buddhist practices relate to Unitarian Universalism and how they can apply in our own lives.

November 13

Sara Mackey: The Empty Space

What do we do when we have gone as far as we can and don't know what to do next? John Hunter is a remarkable teacher who invented a complex game called the World Peace Game for his fourth graders. When the game is too confusing or overwhelming, Mr. Hunter teaches the children to go into what he calls the Empty Space. Join us and Sara Mackey as we consider what good we might find when we learn how to let go of comfort and enter the Empty Space.

Sara Mackey has been a friend of UUFRA-VA since her seminary days, when the fellowship was meeting in the Women's Club down the road. She lives in Richmond and currently works at Union Presbyterian Seminary, where she earned her M.Div. She has served Williamsburg UU as Director of Faith Development, and she has volunteered in many capacities over the years at UU Community Church in Glen Allen.

November 20

Tom Kinney: Religious Freedom, Equality, Human Rights, Separation of Church and State, and Poppycock!

These principles are thought to have originated with our Founding Fathers. Brand new information suggests *poppycock!*

Founding member Tom Kinney has served UUFR-VA as President, Finance Chair, and Vision and Planning Chair.

Kids of all ages are invited to join in the fun as we celebrate our own **UUKids Thanksgiving** with games, crafts and yummy treats!

November 27

Rev. Dr. Janine Howard: Showing Up, Paying Attention – Lessons I am Learning for a Meaningful Life and a Better World.

The Rev. Dr. Janine Howard is the District Superintendent of the Danville District of the United Methodist Church (UMC). Janine's previous appointment was as pastor of Lower MC in Middlesex County. She previously served at Warsaw, New Hope, and the Calvary-Greenbush Charge in Accomack County. Janine was ordained in 2000 and

received a Doctor of Ministry degree from Wesley Theological Seminary in Washington, D.C., in 2007. Janine lives with her dog, Kobi, in Martinsville, Virginia.

Kids First Thanksgiving Buffets will again be sponsored by UUFR-VA for Lancaster County on Wednesday, November 16th and for Middlesex County on Thursday, November 17th. Please consider helping. There are sign-up sheets in the church foyer. Or, call Dave Dustin for Lancaster County and Hank Roden for Middlesex County.

River Readers

The book discussion group meets on the **fourth Monday** of each month at **2:30 P.M.** at the Lancaster Community Library. Everyone is welcome. Please read the book and join us. The upcoming selections are:

November 28: *we are all completely beside ourselves* by Karen Joy Fowler

December: No meeting

If you have a recommendation for a noteworthy book to discuss, please contact Elaine Weekley.

UUFR-VA Activities at a Glance

November 2016	
Nov 18	UU Ladies' Luncheon 11:30 A.M. The Lancaster Tavern
Nov 28	River Readers 2:30 P.M. Lancaster Community Library
Future Events	
Dec 18	Christmas Party @ the Kinneys'

Board of Stewards

Ruth Micklem, President
Bill Gimpel, Vice President
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Dave Dustin, Past President
Nancy Stupi, Program Chair
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Web Site

<http://www.uufrappahannock.org>
<http://www.uufr-va.org>
Bob Prescott, Webmaster

Newsletter

Deadline for articles: 20th of the month
Bob Prescott, Editor (editor@uufrappahannock.org)