

# THE CHALICE

UNITARIAN UNIVERSALIST FELLOWSHIP  
OF THE RAPPAHANNOCK (UUFRA-VA)

P.O. Box 1266  
White Stone, VA 22578

October 2016

## Fellowship Services

Fellowship services are held each **Sunday** at **10:30 A.M.** at 366 James Wharf Road, White Stone, VA.  
Meditation is held each Sunday from 9:30 A.M. to 10:00 A.M. in the sanctuary.  
All are welcome. Coffee and conversation follow the service.

## Sunday Programs

### October 2

#### **Diana Jamison:** My SoulCollage® Journey

SoulCollage® is a process for accessing your intuition and creating an incredible deck of cards with deep personal meaning that will help you with life's questions and transitions.

Diana is a UUFRA-VA member, sometimes singer, cabaret planner, and Star Fish project designer. She is a prize-winning artist, workshop instructor, and the Social Committee Chair for the Rappahannock Art League. She also serves on the board of the Bay Center for Spiritual Development. As an LCSW, Diana works as a therapist in Kilmarnock, VA. Most recently, she has become a SoulCollage® facilitator.

**UU Kids:** TBA.

### October 9

#### **Eddie Correia:** Life After Death

Most major religions, e.g., Christianity, Islam, Judaism, and Hinduism, include the idea of life after death in their belief systems. What is life after death, and why do most people in the world believe in it?

Eddie is a Washington, D.C., attorney and a university professor. He has worked for the

Senate Judiciary Committee and served in the Clinton Administration as Special Counsel to the President for Civil Rights in the White House. He is a member of the Board of Directors of the Lawyers' Committee for Civil Rights Under Law. Eddie is the author of *The Uncertain Believer: Reconciling God And Science*, *Teaching Your Child About God In A Scientific World*, and two novels, *The George Washington Constellation* and *Elysia*.

### October 16

#### **Lois Williams:** Churches of My Childhood

Lois will look back on rural churches of the mid-1900s, to be followed sometime next year by a talk, "Churches of Lancaster County."

Lois, a Rappahannock Westminster-Canterbury (RW-C) resident for three years, has a full plate of history projects. She sponsored the highway history marker, "69 Slaves Escape to Freedom," (Dedication: October 1, 10:15 A.M., Willaby's Café parking lot), and is preparing an exhibit, "Fishing Village at the Isles of Shoals," at Star Island, off Portsmouth, NH. Her article, "The Pittstown Union Sunday School," in a small historical society newsletter in NJ led to this talk.

## October 23

### **Tom Coye:** Linking Hope and Help: Faith at Work

Join Tom as he explores what **The Link** is, how it works, and the values that undergird it.

Tom Coye attended Cornell University and graduated with a BS degree in Animal Science. He received his Master of Divinity degree from Princeton Theological Seminary and was ordained to the ministry in 1973. In 1983, he received the Doctor of Ministry degree from Southeastern Baptist Theological Seminary. After 15 years at two Presbyterian churches in New York and North Carolina, he served as the pastor at St. Andrews Presbyterian Church in Kilmarnock from 1988 to 2016. Though he has recently retired from full-time church service, he continues to serve various community ministries, most notably Linking Hope and Help, Inc. His enduring theme of ministry is the importance of service to God and people. Tom's range of hobbies include music of all kinds, movies, fitness activities (especially hiking), and computers.

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## October 30

### **Scott Mabe:** Blame - The Devil Made Me Do It!

Scott will explore how we learn to blame, starting at childhood, and how the need to fix blame gets in the way of fixing problems. He will outline the steps of the "blame game" and ways of retiring from this self-defeating exercise.

Scott and his wife, Beth, live in Middlesex County. He earned his graduate degree at the University of North Carolina at Chapel Hill. Prior to his retirement, Scott was a family counselor for 25 years, and later taught sociology and psychology at Rappahannock Community College for 15 years.

Please join us for the **5th Sunday Potluck** immediately following the service.

## *President's Corner*

by Ruth Micklem

### **"Why haven't I heard about the Fall Retreat?"**

Many of you have been past participants in the UUFR-VA Annual Fall Retreat that traditionally occurs on the Sunday, Monday, and Tuesday surrounding Columbus Day and have been awaiting information about when and where this year's event will be held. You may have fond memories of getting together with your UU friends, taking time away from the area and getting to know one another better, and enjoying good food, the company of "like-minded folks," and even some quiet reflection time on your own.

Some of you may never have participated in the Annual Fall Retreat perhaps because you are new to the UUFR-VA and haven't had the opportunity to participate, or maybe because you had work obligations and couldn't take time off from work to attend. Possibly, you had family obligations, children to get to school, other family members that you couldn't leave, pets that needed your care and attention, or small children that didn't seem to fit into the retreat plan. Another possibility is that the retreat costs may have seemed prohibitive, or you just weren't able to stretch your budget enough to cover the costs. You may have needed much more notice, or you just weren't sure that you were ready to go away with this group for three days.

In any event, the Board of Stewards wants you to know why you haven't heard any information about when and where this year's retreat will be held.

The board has voted to not hold a retreat this fall and to take the year to work together and consider some alternative options that will make the Fall Retreat open and accessible to each and every member of the fellowship. As most of you know, change is not an easy path. Once we get comfortable with "the way things have always been," we tend to get

uncomfortable with the possibility of doing them differently. Sometimes we fear that we have to let go of the good feelings we experienced while connecting with others, and we may have had such a great experience we can't imagine that everyone else didn't have that same wonderful experience. Recognizing our differences just doesn't seem as satisfying as that feeling of "finding your tribe" and making new friends with whom we can really identify and connect. Groups can become exclusive instead of inclusive without intending to be. These are some of the challenges the board is grappling with, and making decisions about the Fall Retreat is where some of these issues are playing out.

How do we go about making changes and involving the membership in those decisions? What might have worked at one time may not work now or in the future. How do we honor the individuals who have worked hard to create and grow the fellowship to where it is today and make room for new and different perspectives? How do we engage more members in the work of the fellowship so that we can grow and learn to appreciate the traditions that have evolved and value the changes that we experience? These are big questions and are often at the core of growth in a congregation.

Ultimately, we know that ensuring a space for progressive spiritual exploration, and connection with one another for all that seek it, is what we're all about. I believe that we can find a path to valuing our differences as much as our similarities and that, in doing so, we all will grow as individuals and as a fellowship. All - young and old, black and white, Christian, Pagan, Muslim, Jew, gay, straight, transgender, those with more financial means and those with less, and so on.

Creating an opportunity for the membership to retreat together requires that we consider and honor our differences. It offers an opportunity to gain a deeper understanding of

one another and to enhance our relationships. Making that opportunity accessible to all who wish to participate is important and will require some changes to the traditional Fall Retreat planning. For that reason, the board has made the decision to cancel this year's retreat. We will continue our work together and will move in a direction that ensures opportunity for all to participate.

If you are interested in being part of next year's Fall Retreat planning, please let me know. We would like to move forward with the discussion and put together a group of folks who are willing to work on this special event. If you would just like to give your input or ideas, that's OK too. Please email me with your feedback and/or suggestions.

*-Ruth*

## **Announcements**

**by the Program Committee**  
*(effective October 2, 2016)*

We know, the very word can send many of you running for the hills, but please read on ...

Do you have information that is important to the congregation and that needs to be communicated? If so, please think about how best to reach the fellowship ...

- Consider sending an article to Bob Prescott for inclusion in *The Chalice*. Everybody gets a copy and hopefully reads what's in there.
- Church-related events should be sent to one of the Calendar Girls (Peny Gallogly, Diana Jamison, Vicki Kinsel) for inclusion in their published calendar.
- Send an email to Hank Stupi for inclusion in the Sunday bulletin. (Please keep in mind that Hank prints bulletins a week in advance of each Sunday's service.)

If something comes up at the last minute that is important to the congregation and needs to

be communicated, get it down on paper and let Nancy Stupi know that you would like for her to make an announcement during the Sunday service. Announcements made during the Sunday service need to fit at least one of these categories:

- It impacts at least 50% of our audience.
- It is a direct step from teaching that would add value to our audience.
- It is a key on-ramp to a UUFR-VA ministry.

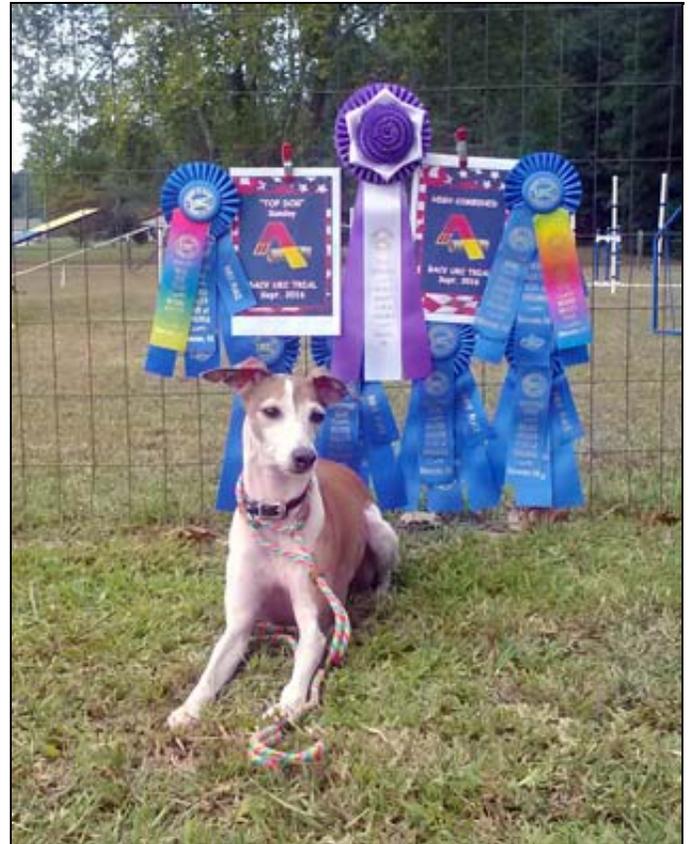
When preparing your written announcement to give to Nancy, a great place to start is to answer “who, why, what, when, and where” (in that order). Oh, and here’s the challenging part ... find a way to do that so that your announcement can be communicated in about 30 seconds or less.

If Nancy is unavailable, the service opener listed in the Order of Service will share your announcement.

## Tai Chi is Coming!

by Nancy Stupi

If you’re interested at all in finding out what Tai Chi is about, please consider coming to a **free** participatory demonstration being offered by Jack Fuller, a local Tai Chi Master, at the UUFR-VA immediately following Sunday service on October 23<sup>rd</sup>. Wear comfy clothing and shoes. (High heels are not recommended.)



Hopi with her weekend’s ribbons and awards

## Peny and Hopi Play Dog Agility – Fun ... and Wow!

On Saturday and Sunday, September 10<sup>th</sup> and 11<sup>th</sup>, 2016, Peny Gallogly and her Italian Greyhound, Hopi, competed in three United Kennel Club dog agility trials held in Belroi, VA. They ran three courses each in level I (UAGI) and level II (UAGII). Hopi and Peny qualified in all six runs, with six first places and four perfect scores, and earned both Hopi’s UAGI and UAGII titles. On Sunday, they also won two awards - for High Combined (highest combined score for one trial) and Top Dog (based on points earned that day). Hopi is Peny’s fifth agility competition dog. “Never before have I had a weekend like this!” she said. Hopi and Peny also compete in American Kennel Club agility trials at the Master level.

Peny volunteers in the Animal Welfare League Thrift Shop in Kilmarnock, and teaches classes in agility and obedience for the

Northern Neck Kennel Club. She was asked to write an article for the 2016 AWL Dog Gone Dog Show insert in the Rappahannock Record. She did, and took the photos that accompany the article. Look for it soon.

## **Faith In Action - Kids First**

by Tom Kinney

The seed money that our fellowship has planted to break the cycle of generational poverty in Middlesex County Public Schools is sprouting well. Our high-quality early preschool for at-risk three-year-olds began September 6<sup>th</sup>. Lead teacher, Kim Aliff, has a Master's degree, is fully Early Childhood Education certified, and has 30 years of teaching experience. Her intensive care for her class of twelve, selected as the most in need of developmental help, will benefit from a full-child curricula addressing academics, socialization, and emotional control. Other Middlesex Elementary School teachers are excited about the program and are spreading the word. Two front-page articles in the Southside Sentinel have added to that excitement. Our church is partnering with other organizations and churches in support. Middlesex Rotary Club will provide a book-a-month program for "our" kids. Lower United Methodist Church has partnered by sponsoring our first Middlesex Parent-Child-Teacher Dinner, the featured speaker being pediatrician Dr. Karen Ransone. Fund-raising continues, having achieved 80% of the \$230,000 in seed money needed over the next three years. That's two counties in place toward UFR-VA's four county goal.

Kids First spoke with the Mathews County School Board on September 20<sup>th</sup> at the request of Superintendent Nancy Welch. There are two challenges in the county: 1) there is no stable pre-K for four-year-olds that can give a path of progression for the graduates of a Kids First program, and 2) major maintenance issues exist within the schools, leading to financial uncertainty. Our

collective judgment is that Mathews is not yet ready for a Kids First program.

Northumberland County School Board voted at their August meeting to add the Kids First program to their elementary school. The vote was a split decision with some concerns related to other system needs. Your Kids First team is working with the administration and the board members to resolve those concerns.

Volunteers are needed for the nutritious snack program in both Lancaster and Middlesex Counties. Please contact Dave Dustin to treat yourself to a little bit of time with "our" three-year-olds, do your share of putting our faith into action, and be a part of changing the trajectory of their lives.

## **River Readers**

The book discussion group meets on the **fourth Monday** of each month at **2:30 P.M.** at the Lancaster Community Library. Everyone is welcome. Please read the book and join us. The upcoming selections are:

**October 12:** *Wolf Hall* by Hilary Mantel  
"Big Book" only  
Meeting/Dinner Time: **6:00 P.M.**  
Dinner and Discussion at ICYCC

**November 28:** *we are all completely beside ourselves* by Karen Joy Fowler

**December:** No meeting

If you have a recommendation for a noteworthy book to discuss, please contact Elaine Weekley.

## **Budget Time**

All Committee Chairs and Spending Centers are requested to provide their 2017 budget needs to a member of the Finance Committee no later than Sunday, October 23<sup>rd</sup>. The committee will then draft a 2017 budget

proposal for the Board of Stewards' review and revision in November. The proposed 2017 budget, as revised, will be presented at the Annual Congregational Meeting on December 11<sup>th</sup>. Members have until the January 10<sup>th</sup> Board of Stewards meeting to provide additional input to the Board, at which time the 2017 budget will be adopted. Thank you for your continued support.

**Your Finance Committee:** MJ Anderson, Paula Greenwood, Barbara Haynes, Janet Hemming, Tom Kinney, Lynn Langley, and Marge Rowden.

## UUFRR-VA Activities at a Glance

<b>October 2016</b>	
Oct 9	<b>UUFRR-VA Board Meeting</b> Following the Service
Oct 12	<b>River Readers 6:00 P.M.</b> ICYCC RSVP: Elaine Weekley
Oct 13	<b>An Evening With Warren Haynie 7:00 P.M.</b> Bay Center For Spiritual Development, 31 Noblett Lane, Kilmarnock Topic: Humanism Contact: Diana Jamison
Oct 15	<b>Show Tunes: Cabaret at The Butterfly Club 7:00 to 9:00 P.M.</b> Held at UUFRR-VA Purchase tickets from Diana Jamison
Oct 21	<b>UU Ladies' Luncheon 11:30 A.M.</b> The Historic Tavern in Heathsville
Oct 23	<b>Tai Chi Demonstration</b> Following the Service Jack Fuller, Tai Chi Master
<b>Future Events</b>	
Dec 18 18	Christmas Party @ the Kinneys'

### Board of Stewards

Ruth Micklem, President  
Bill Gimpel, Vice President  
Lynn Langley, Treasurer  
Shirley Kinney, Secretary

Dave Dustin, Past President  
Nancy Stupi, Program Chair  
Janet Hemming, Membership Chair

#### Web Site

<http://www.uufrappahannock.org>  
<http://www.uufr-va.org>  
Bob Prescott, Webmaster

#### Newsletter

Deadline for articles: 20<sup>th</sup> of the month  
Bob Prescott, Editor (editor@uufrappahannock.org)