



THE CHALICE

UNITARIAN UNIVERSALIST FELLOWSHIP
OF THE RAPPAHANNOCK (UUFV-VA) P.O.

Box 1266
White Stone, VA 22578

August 2015

Fellowship Services

Fellowship services are held each **Sunday** at **10:30 A.M.** at 366 James Wharf Road, White Stone, VA.
Meditation is held each Sunday from 9:30 A.M. to 10:00 A.M. in the sanctuary.
All are welcome. Coffee and conversation follow the service.

Sunday Programs

August 2

Lee Anne Washington: A Woman of Valor

Lee Anne will explore one of the biblical bases for the saying, "Behind every great man, there's an even greater woman!" The poem, "A Woman of Valor," depicts an idealized image of womanhood and is a poem which is recited by every observant Jewish husband to his wife on the Sabbath. Lee Anne will explore the social, political, and economic model suggested by the poem and its implications for today's women.

Lee Anne has been an attorney, author, and educator for more than 25 years. She is currently in her second year of study at Union Presbyterian Seminary in Richmond, VA, in pursuit of a Masters in Divinity and ordination as a Unitarian Universalist minister. She is the author of *The Human Life Equation: A Biblical Case for Choice*.

No UU For Kids Program in August

August 9

Sara Mackey: Pirates and Possums: Considering Fear

If you have to be afraid of something, pirates and possums might be two reasonable things to be afraid of — or maybe not. Come join us

and Sara Mackey for a reflection on the pervasive presence of fear in our culture, and the spiritual practice of freeing oneself from the power of fear.

Sara lives in Richmond and currently works at Union Presbyterian Seminary, where she earned her Master of Divinity degree. She has served Williamsburg UU as Director of Faith Development, and she has volunteered in many capacities over the years at UU Community Church in Glen Allen.

August 16

Bob Weekley: Can You Have Religion Without God?

Can you truly have religion without a belief in a God? Is unbelief a belief? What is an atheist, anyway? You might find some surprises in this discussion about the essence of religion.

Bob is a retired career U.S. Army officer and international business executive. He is currently serving on the Board as Past President and is a long-time member of UUFV-VA. He and his wife Elaine moved to Lancaster from Arlington in 1998.

August 23

Alane Cameron Miles: American Neighborhood

Where is our trust? Who is our safety? What does being a neighbor mean now? It's a cultural, philosophical, and spiritual question requiring us to look inward at who we think we are and outward at who we show ourselves to be in the world.

Alane received a Masters of Divinity degree from Union Theological Seminary and has served the UU Community Church in Glen Allen, VA, and the First UU Church of Richmond, VA. She works for Hospice of Virginia, is a Chaplain and Bereavement Counselor for New Century Hospice, and is also the host of Death Club Radio on Richmond Independent Radio, WRIR 97.3.

August 30

Shirley Kinney: Bufo Rex

This is the story of how the fears and the worries and even the lusts of man may lead to a sad end. Shirley brings you the tale of a toad ... or is it a frog? ... who sees the damage man has brought to the land.

Shirley, a retired elementary school teacher and law firm administrator, is a multi-talented artist. She is active in the UU Fellowship, having served as President, Program Chair, and currently as the Secretary of the Board of Stewards. Among her many contributions, Shirley leads us in song on the piano for many Sunday services, organizes our Phood and Philosophy events, and guides us through our "Imagine That!" program.

Please join us for the **5th Sunday Potluck** immediately following the service.

President's Corner

by **Dave Dustin**

On Saturday, July 18th, amidst thunder and lightning and torrential downpours, hundreds of people gathered at the gymnasium of the Northern Neck Boys and Girls Club to attend the CAPINNE's "Dancing with the Northern Neck Stars." This event, which was organized by the Northern Neck Rotary Club, and has been held for the past 25 years, has raised and distributed \$570,000 to charitable organizations in both Northumberland and Lancaster Counties. Don't worry about trying to pronounce CAPINNE because it's not a word; it's an acronym. It stands for "**Caring About People in the Northern NEck**".

Proceeds from this event went to local charities. Here's the list:

Alzheimer's Association, Boys and Girls Club, Northern Neck Food Bank, Hospice of Virginia, Habitat for Humanity, Northern Neck Free Health Clinic, Interfaith Service Council, The Link, CASA, RGH Bon Secours Cancer Center, Bay Aging, The Haven, and Three Rivers Healthy Families.

The charities highlighted in bold are the ones I know that members of our fellowship are directly involved with. If you count them, we have members of our fellowship who do volunteer work for **nine of the thirteen charities represented in this event!**

Each of the charities listed above had a sponsor who donated money, and a dance team which performed during the evening's "dance off." I must admit that I don't know what it meant to be the winning dance team, but I assume it meant that the charities represented received funds based on the points received by the panel of judges and the popular votes of the attending guests.

There are many wonderful events held in our area, which raise tremendous amounts of much-needed money for local charitable

organizations. What was unique about this event is that each charity had to participate in generating the money that would be distributed to, in this case, thirteen charities.

I don't know how much money was raised that Saturday night, or how it will be distributed, but I do know one thing ... **Kids First Foundation** needs to find a dance team and join in this event next year! Any takers? Maybe our fellowship should hold its own "dance off" in order to choose a team to represent the KFF at next year's event and, oh, we need to find a sponsor!

So mark your calendar for **July 2016**, turn on that radio or put on that 33 1/3 RPM album, and start brushing up on the smooth dance moves you used back in "the day." You and your partner could really fill our southern sky with STARS and secure some additional funds for the KFF while having a lot of fun. See you there!

-Dave

Phood and Philosophy

Phood and Philosophy, our monthly get-together for shared food and philosophical musings, is still in search of hosts and venues. Recall, if you will, the delicious food and intelligent discussions of past P&Ps. Volunteer to host an upcoming month by contacting Shirley Kinney.

Are You Waiting to be Asked?

by Bob Weekley

Our lay-led UU fellowship has thrived because our members and friends choose to pitch in. That is the real meaning of "lay-led." We are more than a Sunday morning service. Taking part in the wider range of activities and helping everything work is a win-win situation – the whole fellowship benefits and the participant benefits.

Everyone helps by bringing new ideas and talents. Got a "green thumb?" Help with our landscaping is welcome. Got a talent for keeping things running? Our Building and Grounds Team can always use a hand. Have a passion for community service and/or social justice issues? Our *Faith in Action* Team welcomes you. Like to do publicity? Or, service on the Board of Stewards as an officer or committee chair? Our Leadership Development Committee (Bob Weekley, Caroline Shifflett, and Janet Hemming) can help you find your niche, or speak to any member of the Board.

Have you tried Sunday Morning Meditation? The Fourth Sunday Evening Sing-Out? The monthly Ladies Luncheon?

Don't wait to be asked. As Nike says, "Just Do It!"

Our Fellowship Endowments

Recently a newish member asked about our Endowments – a reminder that a periodic review for all is appropriate. The fellowship has three endowments managed by your elected Trustees: Building and Grounds (B&G) Care, Pathways of Remembrance Care, and Community Outreach.

The B&G Endowment was a part of our "Home of Our Own" build. We recognized we were a small congregation, so ownership of a building could be a stressful financial burden for future generations. Donors to the building fund gave sufficient monies to this endowment so that earnings can help with maintenance, utilities, etc. as needed. This endowment is fully funded, but will require a boost when we build the addition.

The Pathways of Remembrance Endowment (PoRE) funds care of the memorial area. The endowment earnings contract to keep the pathways clear of debris for Sundays and the minor brush tended to out of respect for those no longer with us. The families of those honored members funded the PoRE, plus

donated occasional memorial gifts to maintain and enhance that area.

Community outreach and support is the objective of the third endowment. The investment earnings become grants to local programs within and outside the fellowship consistent with UU principles. This endowment is in its early stages of growth and can benefit greatly from your attention. It is the beneficiary of bequests by members of the fellowship who are community service oriented.

The Endowments are managed by your elected Trustees who currently are MJ Andersen, Barbara Haynes, and Tom Kinney.

Sharing & Caring

by Terrie Dustin

In light of all the delicious food that is brought each Sunday for our weekly refreshments after the service, it may be that you find out during *Joys and Concerns* that one of our members or friends is sick or homebound, and you plan to stop by for a visit. There will be several *UUFRR-VA Take Home Covered Dishes** in the kitchen so that you can easily put together a little "sampler" of things to show that we are thinking of them.

*No need to return, but could be at any convenient future time. Thank you in advance for your kind and caring hearts.

Retreat News!

by Shirley, Thea, Pirkko, and Bill

Our annual Fellowship Retreat is coming soon: October 11-13, at beautiful Stratford Hall, which is about an hour's drive from UUFRR-VA. The committee has been hard at work, putting together an interesting and engaging program for you. I think you'll vote it the best ever retreat! We'll have varied activities, lots of discussion, some creative moments, some dramatic moments, wonderful companionship, and a peaceful setting.

The cost is \$150.58 per room per night, which includes tax. If two people share a room, you can split the cost. If you find you'd love to attend, but can't find the funds to do it, then contact Dave Dustin, our esteemed President, who can tell you about our scholarship fund to help you out. Be sure to book early if you want two separate beds in a room. You will need to make your own reservations. (Call Lesley at 493-1966 to reserve your room. Use a credit card to hold your reservation, but no money will be charged to the card until the day of the retreat.) There will be a sign-up poster in the UU foyer, so add your name to the list as well.

Don't miss this great experience that will give you wonderful memories for years.

Now In the Library

by Shirley Kinney

Twelve Steps to a Compassionate Life, by Karen Armstrong, has been added to our UUFRR-VA library. Karen Armstrong is a British author of numerous other books on religious affairs and is well-known for her work in comparative religions. A former Catholic religious sister, she went from a conservative to a more liberal and mystical Christian faith. She first rose to prominence with her book, *A History of God* (which I heartily recommend!). She is a Fellow of the Jesus Seminar, a group of scholars which attempts to investigate the historical foundations of Christianity.

Twelve Steps to a Compassionate Life is an impassioned and practical book that can help make the world a more compassionate place. Ms. Armstrong believes that while compassion is intrinsic in all human beings, each of us needs to work diligently to cultivate and expand our capacity for compassion. This book outlines a program that can lead us toward a more compassionate life. Throughout the book, Armstrong makes clear that a compassionate life is not a matter of only

heart or mind, but a deliberate and often life-altering commingling of the two.

Check out the book from our UU library in the foyer or any of the many, many other books you'll see. There is much there to explore in thought and experience.

Publicity Team Organization

by Bob Weekley, Leadership Development Committee member

“I have not yet begun to fight!” This was the immortal retort of Captain John Paul Jones to a request to surrender as he and his crew engaged in a desperate battle with a British frigate off the northern coast of England during the American Revolution.

It has been said that one of his seamen quipped, “Some people never get the word!”

Getting the word out is important to any organization. At UUFR-VA we are looking for ways to better ensure that we communicate effectively with our members, friends, and our community. We have the means – newsletter, website, email blasts, FaceBook, Sunday bulletin, and local newspapers, but occasionally planned events arrive, and there are people who didn’t “get the word.” The Board of Stewards has expressed concern that we just need to better coordinate our publicity efforts.

Susan Johnson has agreed to take on this job of coordinating the effort. When she becomes aware of a pending event, she will consider the best means to spread the word, and she will make sure that other members of

the Publicity Team are in the know. Other members of this team include Bob Prescott (*Chalice* newsletter, UUFR website, email “blasts”), Hank Stupi (Sunday morning bulletins), Elaine Weekley (assists in *Chalice* editing and does the mail distribution), and for special writing assignments, Thea Marshall and Bob Weekley. Susan also posts the UUFR-VA information on the UUFR-VA FaceBook page.

As Publicity Team Leader – the publicity focal point – Susan will welcome your ideas and others who would like to help.

River Readers

The book discussion group meets on the **fourth Monday** of each month at **2:30 P.M.** at the Lancaster Community Library. Everyone is welcome. Please read the book and join us. The upcoming selections are:

August 24: *The Children Act* by Ian McEwan

September 28: *Florence Gordon* by Brian Morton

October: *Middlemarch* by George Eliot
“Big Book” only. It is a big book! Dinner date at ICYCC to be determined.

If you have a recommendation for a noteworthy book to discuss, please contact Elaine Weekley.

Board of Stewards

Dave Dustin, President
Bill Gimpel, Vice President
Lynn Langley, Treasurer
Shirley Kinney, Secretary

Web Site

<http://www.uufrappahannock.org>
<http://www.uufr-va.org>
Bob Prescott, Webmaster

Bob Weekley, Past President
Nancy Stupi, Program Chair
Judi Caples and Eva Abel, Membership Chairs

Newsletter

Deadline for articles: 20th of the month
Bob Prescott, Editor (editor@uufrappahannock.org)