



THE CHALICE

UNITARIAN UNIVERSALIST FELLOWSHIP
OF THE RAPPAHANNOCK (UUFV-VA) P.O.

Box 1266
White Stone, VA 22578

October 2014

Fellowship Services

Fellowship services are held each **Sunday at 10:30 A.M.** at 366 James Wharf Road, White Stone, VA.

Meditation is held each Sunday from 9:30 A.M. to 10:00 A.M. in the sanctuary.

All are welcome. Coffee and conversation follow the service.

Sunday Programs

October 5

Rev. Jennifer Ryu: Let Your Life
Become Your Answer

When we grow weary of fighting against the oppressive, unjust forces in the world, the Hebrew prophets can walk with us and inspire us. One of Rev. Ryu's favorites is Jeremiah.

Rev. Ryu has been serving Williamsburg Unitarian Universalists (WUU) since 2006. Born in South Korea, Jennifer grew up in Ohio, then moved to Baltimore, MD. There, she discovered Unitarian Universalism and became an active lay leader in the church. After many years, she answered the call to ministry, entering seminary in 2002 (Starr King School for the Ministry, Berkeley, CA.) In addition to her work as WUU's minister, Jennifer serves the UU Minister's Association as their Vice President.

UU For Kids Topic: All People Should Be Treated Fairly.

October 12

Chris Gimpel: Why Unitarians Go to Church

Chris will offer six reasons why Unitarians go to church, as stated by her father in the late 1940's, when he gave a layman's sermon in

the small First Unitarian Church of Erie, PA. Have the reasons changed in the last sixty years? Chris was "churched" (or not) in that modest little downtown church next to a grocery store, when they sang hymns, not "songs" and were accompanied by a two manual pipe organ. She is now a member of the UUFV-VA.

October 19

Bob Weekley: Security and Spirituality – In Conflict?

Being safe and secure is a basic human imperative. But is "security above all else" in conflict with living a full and mindful life? Is there a conflict between the human spirit and the instinct for self-preservation?

Bob is a retired career U.S. Army officer and international business executive. He is the past-president and a long-time member of UUFV-VA. He and his wife Elaine moved to Lancaster from Arlington in 1998.

October 26

Claire Guthrie Gastañaga: Journey to Marriage Equality in Virginia

Claire is the executive director of the ACLU of Virginia. Claire is a Richmond attorney who, in recent years, has lobbied for Equality Virginia, the Virginia Coalition for Latino Organizations, and the Virginia Sexual and Domestic Violence Alliance. Before lobbying, Claire, a principal of CG2 consulting, served as Chief of Staff and Special Counsel to the Speaker of the House and was the first woman to be Chief Deputy Attorney General of Virginia. She graduated in 1974 from the University of Virginia Law School and has argued cases in the United States Supreme Court and the Supreme Court of Virginia.

President's Corner

by **Dave Dustin**

Winds of Change

We have finally slipped into the pleasant temperatures that come with fall. Summer is nice with a lot of activities in our area to keep any normal person more than busy with plenty of fun and interesting things to do to occupy our time. In our area, fall is also a very busy time. There are oyster festivals, Thanksgiving activities that involve family and friends, music festivals, and of course, our Fellowship's Fall Retreat.

However, for UUFR-VA, there is much more than that happening this year. All the activities of the Kids First Foundation have many of us busy supporting nutritional activities and laying the groundwork to ensure a successful repeat in three other surrounding counties. We continue to search for organizations and individuals that can help us fully fund the three-year commitment to finance the new Lancaster County pre-K class. On top of that, we are also well into the planning stages of expanding our existing facility on James Wharf Road.

By the time you read this, you will have had a chance to hear from the Building Committee "experts" about our three options for this expansion. This committee has been working hard to develop three different conceptual designs—which were presented to the fellowship. It is now up to the members of the fellowship to examine these options and pepper the Building Committee with questions and suggestions, so they can tweak these designs until the fellowship is in general agreement about which option and features are the best for our future.

Planning for the expansion of our facility is a major undertaking and requires the full enthusiastic participation of our entire fellowship. Expansion can make life for our current members more enjoyable and will likely attract new members. We only need to look into our local communities to see that we need all the help we can garner to uplift those who are the neediest amongst us.

Our fellowship has decided to focus on the root of the problem we see around us. Instead of waiting until the problems have accumulated and manifested into seemingly unsolvable problems, we have determined that if we can help kids, as soon after they are conceived until they are 3 or 4 years old, we are addressing the "root" of many of the problems that occur later in childhood, adolescence, and adulthood.

So, not only are the winds of change blowing for our fellowship but, because of the excellent work of UUFR-VA, the winds of change are blowing for our local communities as well! Keep up the good work!

Sincerely,
-Dave

News by Another Name

The latest edition of Walmsley Link, the monthly newsletter from our 'brothers and sisters' in the UK, is available for your viewing by clicking [here](#).

Phood and Philosophy?

Phood and Philosophy, our monthly dinner and discussion extravaganza, has undergone an October nightmare. The resulting devastation will require a reconstruction period of a month or so. Check back in next month's Chalice for upcoming topics and locations.

Anything Goes



The second annual Cabaret, **Any Thing Goes**, will be staged at UUFRR-VA on November 1, 2014 at 7:30 P.M. Featured will be performers doing songs and bits of patter from the good-old-bad-old days of the 30's and 40's. Tickets are now on sale for members, family, friends and the larger community. Remember, we have room for 56 in the audience. Get your seats early.

Contact **Diana Jamison**, Ticket Master.

Budget Time

All Committee Chairs and Spending Centers are requested to provide their 2015 budget needs to a member of the Finance Committee no later than Sunday, October 19th. The Committee will then draft a 2015 budget proposal for the Board of Stewards review and revise in November. The proposed 2015 budget will be presented at the Annual Congregational Meeting on December 14th. Members have until the January 11th Board of Stewards meeting to provide additional input to the Board, at which time the 2015 budget will be adopted.

Thank you for your continued support.

Your Finance Committee: MJ Anderson, Tom Foster, Paula Greenwood, Barbara Haynes, Tom Kinney, Lynn Langley, and Marge Rowden.

What Does “Lay-Led” Mean?

by Bob Weekley

Our wonderful UU fellowship has grown from nothing into a vigorous beacon of liberal religion and social service in a few short years. How? By an early decision that all members would pitch in to accomplish the “work” of the fellowship – i.e., creating and sustaining spiritual inspiration, building and maintaining a home of our own, providing responsible administration and care for our members, and by reaching out to meet the human and economic challenges of our surrounding community.

As we approach a new fiscal year, it is time to renew, replace, and rotate the many jobs that keep us vital. Our guiding policy that has led to our success is that we all share the tasks of “preaching,” teaching, building, caring, administering, counseling, and reaching out to the wider community. Working together for the success of the church is its own reward.

We need to replenish our leadership and “worker-bee” positions in many areas.

- Membership Committee – support and care for members, new and sustaining
- Program Committee – plan and organize 52 Sunday services and other programs
- UU For Kids – help needed on “Third Sunday” kids activities during morning service
- Building and Grounds Committee – cares for the maintenance of our building, landscaping, and natural areas

Don't wait to be asked. Step up to offer your services in areas that interest you. Already served? Try something new. Success depends on everyone doing something. To indicate your interest in one of the fellowship's functions please speak to a member of the Leadership Development Committee.

Bob Weekley
 Caroline Shifflett
 Janet Hemming

Thank you! We are all in this joyous work together.

My Book Report by Shirley Kinney

This story begins in 2006, when UUFRA-VA first began selling books on Amazon.com. We were given hundreds of wonderful books when a friend of UUFRA-VA died and left us her library. Many of her books we kept to begin our own library in our building.

The remainder of her books were listed for sale on Amazon.com. Over the years, these books sold well. Well enough that, each year, approximately \$750 is added to UUFRA-VA Endowment Fund to help support the work of the fellowship.

Obviously, not all the sales were from that initial donation of books. Since that time, you have donated hundreds of books to our

Amazon sales effort. Of those hundreds, six hundred sixty-three have been sold on Amazon, and several hundred more have been sold at our book sales and yard sales.

The sale of all those books has resulted in a gift of over \$7100 to UUFRA-VA over the years. The books that did not sell at our many book sales are donated to local libraries for their fund raising events.

You can join in this effort – putting our unwanted books to good use – by donating them to UUFRA-VA. Just bring in your books and put them in my car or let me know you have them. It's as easy as that. Soon they will be listed on Amazon and sold to raise money. Currently, the proceeds from the sale of books are directed to our Kids First Foundation to help improve the futures of kids in our four county areas and reduce generational poverty.

Twenty Minutes Of Joy by Tom Kinney

Share twenty minutes of joy with our Lancaster three-year-old early preschoolers in the Kids First Program. As a part of our nutrition enhancement program, we will be serving afternoon fruit and vegetable snacks to the two preschool classes of twelve little ones on Wednesday afternoons. The teachers tell us the children trash raw fruits and vegetables in their school lunches, because of their unfamiliarity and not knowing how to eat them. However, if they participate in the preparation of these items (peeling, coring, etc.,) they will be more likely to try these more nutritious items and develop a taste for them.

For children who have never eaten a fresh orange, we can show them a picture of an orange tree while manually squeezing orange juice and showing them how to peel an orange and separate the segments. Similarly, we can core, peel, and quarter an apple – as well as cutting one in half to show them the “star.” Can you imagine never having eaten a

peach, a pear, an apricot, or a pineapple?
Can you imagine the twenty minutes of joy on both sides of the little tables when we share that experience with a wide-eyed three-year-old?

Dave Dustin leads our Kids First Hunger/Nutrition Program. Get on his list to attend the Lancaster Primary School and share that joy on Wednesday afternoons at 2:15 P.M. in the near future. We need two teams of two volunteers to cover both classes.

Board of Stewards Meeting

by Susan Johnson

We invite you to read complete copies of our monthly minutes. They are placed in a binder in the foyer each month. Here is a brief excerpt from our September meeting:

- Shirley Kinney is investigating a Books for Kids Program which would be concurrent with, but not governed by, our Kids First Program. The goal is to donate a book per month to each child in the program.
- 22 people have signed up for our Fall Fellowship Retreat at Stratford Hall.
- We have \$2800 in our Faith in Action fund which will be distributed to local charities by the end of the year.

All About the Song

The Sing Out. It will begin at **7:00 P.M.** on **October 26th**. **Diana Jamison** and your UFR-VA fellow singers will step into the happiest of seasons of the year.

2014 Congregation Fall Retreat

by Shirley Kinney

In just a few short days, twenty-two of us will meet at Stratford Hall for our annual UFR-VA retreat. From Sunday afternoon until Tuesday afternoon, we'll be talking and eating and exploring and relaxing and eating and drinking wine and hiking and eating and getting to know each other. We'll take lots of pictures. So, if you are unable to attend this year, we'll convince you to be part of the group next year. For those of you who will be there, please remember to bring wine and hors d'oeuvres and a folding chair, if you have one. Plan to arrive at Stratford after Sunday service on October 12 – carpooling, if you like. We'll meet for wine before dinner and a preview of our retreat schedule. If you need directions to Stratford, contact Tom or me. See you all there!

River Readers

The book discussion group meets on the **fourth Monday** of each month at **2:30 P.M.** at the Lancaster Community Library. Everyone is welcome.

If you have a recommendation for a noteworthy book to discuss, please call **Elaine Weekley**.

Board of Stewards

Dave Dustin, President
Bill Gimpel, Vice President
Lynn Langley, Treasurer
Susan Johnson, Secretary

Bob Weekley, Past President
Shirley Kinney, Program Chair
Judi Caples, Membership Chair

Web Site

<http://www.uufrappahannock.org>
<http://www.uufr-va.org>
Bob Prescott, Webmaster

Newsletter

Deadline for articles: 20th of the month
Bob Prescott, Editor (editor@uufrappahannock.org)