



# THE CHALICE

UNITARIAN UNIVERSALIST FELLOWSHIP  
OF THE RAPPAHANNOCK (UUFRA-VA)

P.O. Box 1266  
White Stone, VA 22578

July 2014

## Fellowship Services

Fellowship services are held each **Sunday** at **10:30 A.M.** at 366 James Wharf Road, White Stone, VA.  
Meditation is held each Sunday from 9:30 A.M. to 10:00 A.M. in the sanctuary.  
All are welcome. Coffee and conversation follow the service.

## Sunday Programs

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### July 6

#### **Bob Weekley:** Scars, Our Stories

Scars tell our stories - sometimes our very personal stories. Scars are symbols we carry - traces of hurts that have healed, of victories over injury. And not all scars are physical. If we reflect on scars, both our own and those of others, what can they teach us? What stories can your scars tell you? What scars have we left on others?

Bob is a retired career U.S. Army officer and international business executive. He is the past-president and a long-time member of UUFRA-VA. He and his wife Elaine moved to Lancaster from Arlington in 1998.

#### **UU For Kids Topic:** What's Bugging You?

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### July 13

#### **Lee Anne Washington:** The Human Life Equation: A Biblical Case for Choice

Have you ever wondered whether the Bible really has something relevant to add to the abortion debate? Lee Anne declares that yes,

it does, but not what we have been led to believe. Lee Anne has been an attorney, author, and educator for more than 25 years. She is a graduate of the College of William and Mary in Virginia and the University of Virginia Law School. In her book, *The Human Life Equation*, Lee Anne has combined her legal research skills and her love of the Bible.

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### July 20

#### **Thea Marshall:** Saint (Vincent) ... and Sinner

Thea will paint for us - a word portrait of Edna St. Vincent Millay.

Thea has lived in the Northern Neck since 1987. Before moving here with her late husband, Alex Abel, and granddaughter, Eva, she was based in Washington, DC, and lived in McLean, Virginia. Her communications firm produced award winning public affairs radio, TV, and films for a wide variety of clients. She is an actress, journalist, a published author, a broadcaster, an NPR commentator, and a contributing writer for various magazines.

## July 27

### **David Cariens: Virginia Tech: Make Sure It Doesn't Get Out**

David will discuss his book, which deals with the massacre at Virginia Tech. David draws on over 47 years of work in intelligence and crime analysis, over ten years of research and writing on school shootings in Virginia, numerous scholarly works on school safety, personal interviews with victims and their families, and a plethora of news accounts and reactions to the shootings at Virginia Tech. He brings to the book his personal experience in having lost a family member in a Virginia school shooting.

### **A Special "UU for Kids"**

by Kristi VanAudenhove

On **July 6**, we will have a lively discussion about the things that bug you as we work together on creating a Bug House for UUFR-VA. Bring dried twigs, leaves, seed pods, and other interesting items that could be part of a great bug habitat.

### **Phood and Philosophy**

Phood and Philosophy, our monthly dinner and discussion event, will preview: *Long Strange Trip*, a six-film series documenting the history of Unitarian and Universalist thought since the earliest days of the Christian era. The series is narrated by a wonderful storyteller, Ron Cordes. Diana Jamison, Charles VanDenburgh, and Terry Smith will host the second film in this series on Friday evening, **July 25th**, at the UUFR-VA. This film chronicles those who carried on Servetus' message after his martyrdom and how they carried his message forward to religious liberals in Poland and Transylvania. It tracks that theology through the rise of liberal religion in Poland, the immigration west across Europe towards the Netherlands, England, and then to America in 1794. Plan

to attend the social hour starting at **5:30 P.M.** Bring hors d'oeuvres and a drink to share. Also, if you like, bring a take-out dinner to eat while watching the film. A discussion will follow the film. For more information about the series, and to review the discussion questions, please visit the following web sites: <http://www.uufilms.com/timeline.pdf> and <http://www.uufilms.com/discussion-points.pdf>.

## *President's Corner*

by Dave Dustin

### **"Retreat and Move Forward"**

This year's UUFR-VA Fellowship Retreat will be held at a wonderful facility that is part of Stratford Hall, just about an hour's drive up Route 3 from Kilmarnock.

If you've never been to one of our Retreats you're missing out on a great deal of fun and fellowship. It's a wonderful time to drop-out of the real world and drop-in with a group of people who are willing to explore new ideas and have a little fun. It's also an excellent way to get to know other UUFR-VA members in a way that's almost impossible during those brief chats after our Sunday services.

Terrie and I attended our first Retreat almost 3 years ago - after we had just signed the Membership Book. We didn't know anyone in the Fellowship, but thought that attending the Retreat would be like a membership immersion program. It worked! There's no better way to get to know people than to spend three days with them at a remote getaway location.

There's time to discuss "heavy" issues, time to express your creative side, and time to simply relax and enjoy the company of fellow UUs. At the end of those three days you will have met new people, made new friends, and no doubt renewed your enthusiasm for being a member of our Fellowship.

This year's Retreat program is being developed by Shirley Kinney, Thea Marshall, and Pirkko Graves. These three have already expressed how excited they are about the ideas they've come up with for the Retreat ... but it's all *Top Secret* for now.

So, if you are a long-time member, a new member, or someone thinking about becoming a member of our Fellowship, the Retreat is a great opportunity to renew your enthusiasm and be proud of the UUFR-VA. I guarantee it will renew your faith in our Fellowship.

Sincerely,  
-Dave



## Who's Who in UU: Lois and Peter Williams

by Eve Jordan

Recently the UUFR-VA welcomed Lois and Peter Williams as new members. They are living at RW-C, Lois in a cottage and Peter in the health care facility. Jane Elkin, their daughter and a UUFR-VA member, was instrumental in bringing them to RW-C. Jane told her parents, "There's daily delivery of the *Washington Post*, smart people, and a UU church nearby." Before coming to the Northern Neck, Peter and Lois lived in Potomac, Maryland, for 46 years, raising their six children – four girls and two boys.

Katherine, their third child, was elected to the Maine State Legislature in 2012. In addition

to other accomplishments, she introduced legislation to make the lobster roll the Maine state sandwich. She shares the family sense of humor.

Peter's great-grandfather ministered to Welsh coal miners in Wilkes-Barre, Pennsylvania, in the 1860's. Peter desired a more liberal church for his children, and he found in Unitarian Universalism exactly what he had in mind. The Williams became members of the Cedar Lane UU Church in Bethesda 40 years ago. At that time, Peter and Lois began taking their family to Star Island's UU Family Conference Center at the Isles of Shoals. Chris and Bill Gimpel are long-time Star Island friends.

Peter and Lois met at Cornell University, married, and later both earned PhD's at the University of Maryland - his in nuclear engineering and hers in education. Peter worked at the Nuclear Regulatory Commission and then the U.S. Department of Energy on next-generation nuclear technology. He shares a patent on a nuclear rocket, which he worked on at Princeton prior to government service. While then too expensive to be practical, Peter believes if we are ever to put astronauts on Mars, it will be with a nuclear rocket.

Peter has happy memories of his years as an outdoorsman. He was a Boy Scout leader, and their older son became an Eagle Scout. Peter, and two other former Scoutmasters, did two backpacking weekends annually for 25 years -up and down the East Coast, to Arizona, and even to Alaska.

Professionally, Lois worked at the Center for Educational Research at the University of Maryland Baltimore County (UMBC) and later as a consultant to the Baltimore City Public School System, doing proposals, budgets, and reports for federally-funded mathematics and science projects. Volunteer-wise, Lois was a Scout Leader and did PTA newsletters, as well as the newsletter for

Potomac's environmentally-oriented citizens association. She was named Potomac's Citizen of the Year in 2012.

Lois describes herself as a Reader (100 books a year) and a Writer. *Religion at the Isles of Shoals: Anglicans, Puritans, Missionaries, UUs and UCCs* is her published book, tracing the life of a village seven miles off the coast of New Hampshire. The book is in the UUFR-VA library, and it's a delightful read. She has also written a narrative family genealogy (400 pages!) and articles for historical society newsletters.

Peter's health determined their move six months ago; he has been diagnosed with vascular dementia, a result of past TIAs. Lois pushes his wheelchair to RW-C resident events, local activities, and the UUFR-VA on Sundays for mental and social stimulation beyond Peter's nursing home walls. Together they are exploring the Northern Neck from the front seat of their car. Lois says that leaving home was hard, but she's now into reading Tidewater Virginia history and getting to undone writing projects. And she's pleased to be part of the Lancaster Community Library book group and UUFR-VA's River Readers.

## Our Kids!

Please join our **UUFR-VA Kids** task force! We are meeting the first Sunday of each month at 5:00 P.M. at UUFR-VA to discuss/employ ideas to include the whole family in more of UUFR-VA's activities. At our July meeting, we will discuss curriculum ideas for the kids program, playground ideas, and a possible community cook-out to introduce more families to our Fellowship. Any questions? See **Caroline Shifflett or Kristi VanAudenhove** for answers.



## Our \$100 Gift

The *Imagine That!* art group wanted to join the \$100 gift project, and also wanted to help the Niche — now known as Kids First. What better way to do both than to make dolls for kids and sell them to raise money for Kids First. That's what we're doing!

We have cut out and stuffed and sewn and even asked the help of the congregation in stuffing and cutting and sewing. We have baskets full of cute little cloth dolls just waiting for adoption (for a \$12 adoption fee). Gus Shelton has offered to let us put our dolls for sale in his store, Bluewater Seafood and Deli, in Kilmarnock, and Eve Jordan has offered to let us put our dolls for sale in the Little Book Shop in Heathsville. They will also be sold in Reedville at their Winter Market. And, of course, there will be baskets of dolls for sale in our UUFR-VA foyer every Sunday.

All the money from the sales will be given to the Kids First program. But, also, and maybe more importantly, each doll has a large tag on it, explaining where the money will go and referring the buyer to our Kids First website, so we can get the word out to as many as possible about the Kids First project.

Masters of sewing and stuffing:

**Shirley Kinney**  
**Eve Jordan**  
**Marge Rowden, and**  
**Pam, Janet, Judi, Elaine, Paula**

## Kids First Update

by Tom Kinney

It has been a wild month with the Niche program. On June 1, the Fellowship voted 89% to proceed with the Early Preschool and Hunger-Nutrition Action Plans. The tally became 91% with late votes. Three days later, we learned that a confluence of exceptional events made it just possible that we could add a second Early Preschool class *this fall* at Lancaster Primary School. One key factor was that eight at-risk three year olds already on the growing wait list would miss out if no second classroom could be provided. To equip and staff that second classroom meant raising \$100,000 by July 1<sup>st</sup>.

Mike Knez, Dave Dustin, and I received Lancaster School Board approval June 9<sup>th</sup> for the second Early Preschool Class pending funding.

Bob Weekley analyzed program name suggestions from the Fellowship, checked the internet along with Tom Foster and Bob Prescott, and the team settled on **Kids First**. Bob Prescott is building the website. Tom Foster is registering the tax-exempt charitable foundation to handle the funding of the Kids First program.

Contacts with service clubs, foundations, churches, and individuals have produced commitments from more than 50 donors totaling \$77,000 as of *The Chalice* deadline.

And there is more. Dave Dustin has our Hunger-Nutrition program forming with Healthy Families. More on that later! UUFRR-VA is becoming the “go to” organization in our community for combating generational poverty.

## Safety Reminders

by Bob Weekley

Do you know about our emergency equipment and where it is located? Two important items are the defibrillator and the fire extinguishers.

**Defibrillator:** The defibrillator is for use in a cardiac emergency (heart attack). It is an automated device that is hanging prominently in the kitchen, next to the first aid kit. If its use becomes necessary, once it is opened and activated it gives step-by-step verbal instructions to the user. It can save a life.

**Fire Extinguishers:** There is a large fire extinguisher in the electronics closet in the sanctuary and another one in the kitchen.

**Telephone:** The telephone is located in the kids and administrative room at the end of the hallway.

We hope to have no need for these things but all of us should be aware of their location.

Lastly, a DVD on the use of the defibrillator was circulating among members so we could all be more familiar with its use. It seems not to be circulating. Please look for it in case you have it and let's pass it around.

## What Are Other UUs Up To?

by Bob Weekley

Sometimes we are so focused on our own Fellowship and its activities that we forget we are part of a large and dynamic network of UU fellowships and churches in our region. Our UUFRR-VA is one of the many in the Southern Region. The Southern Region organization provides numerous resources, conferences, and activities — from meetings for special interest groups, like music or religious education, to camps and retreats. The Southern Region publishes a newsletter that keeps us up-to-date on these opportunities. Check it out. If you find it of interest, you can subscribe to the newsletter. See: <http://www.uuasouthernregion.org>.

## River Readers

The book discussion group meets on the **fourth Monday** of each month at **2:30 P.M.** at the Lancaster Community Library. Everyone is welcome. Please read the book and join us. The upcoming selections are:

**July 28:** *The Lowland* by Jhumpa Lahiri

**August 25:** *Me Before You* by Jojo Moyes

**September 22:** *Nobody's Fool* by Richard Russo

If you have a recommendation for a noteworthy book to discuss, please contact Elaine Weekley.

## Project Starfish Call For Help

For anyone interested in cutting, pasting, and helping to make starfish earrings, please join **Diana Jamison** at UFR-VA on Saturday afternoon, **July 12<sup>th</sup>**, from 1:00 to 3:00 P.M. All supplies will be provided. Please RSVP to Diana.

## Laughing Yoga

Join **Caroline Shifflett** the second Saturday of every month at 11:00 A.M. for a session of pure joy! In Laughing Yoga, we practice different types of laughter and play laughing games designed to get you smiling more, laughing more, and breathing better! Admission is \$5.00 per person.

## Attending the Retreat? Save The Date!

October 12 –October 14, 2014

Sunday - Tuesday

All Congregation Fall Retreat  
Stratford Hall

About one hour from Whitestone

We have reserved the Cheek House with 15 rooms (eight with kings and seven with twins) at a rate of \$133 per night per room. The Cheek House also has a small kitchen, large living room, and a beautiful deck overlooking the woods below. The Stratford Hall Manor House is a short walk, as is the dining room/restaurant. Accommodations include a free continental breakfast, a tour of the Manor House, and free access to the nature trails down to the cliffs on the Potomac River. Limited scholarship funds may be available.

Additional information will be published in future issues of the Chalice.

Please go to [stratfordhall.org](http://stratfordhall.org) to explore and learn more about the “Home of the Lees of Virginia” and the birthplace of Robert E. Lee.

## Singing in July

The July Sing Out will begin at **7:00 P.M.** on **July 27<sup>th</sup>**. Join **Diana Jamison** and your UFR-VA fellow singers as they kick up the action in anticipation of the November's Butterfly Club.



Students and staff of the Northern Neck Montessori School celebrate their statewide victory in a national recycling contest. First row, from left: Lucie Johnson, Nathan Meberg, Jathan Doane, Carys Casper, Skyla Schaefer, Ty Makulowich, Spencer Patterson, Gunnar Marston, Liam Hubbard, Jack Bowman, Cara Parks, Children’s House Teacher Suzanne Moughon, Allie Schaefer; middle row: Avery Parks, Franz Richard-Baichl, Evie Allen, Henry Patterson, Jack Jones, Mathew Kelley, Gigi Mataya, Jude Kempe, Lower Elementary Assistant Tanya Mitchell; back row: Administrative Assistant Michelle Kimball, Lower Elementary Teacher Beth Rohne, Children’s House Assistant Jen Walden.

## A Note of Thanks from Wendy Mataya

I wanted you to share this news about the Northern Neck Montessori School (NNMS) winning the statewide recycling award! By collecting and returning approximately 5,500 cans – 171 pounds of raw aluminum – the NNMS finished in first place in Virginia and claimed a \$1,000 prize as part of the Great American Can Roundup School Challenge. Please extend a big **Thank You** from the school for all of UUFRR-VA's support in recycling cans and saving Box Tops and Ink Cartridges. UUFRR-VA's support has been amazing! Please know that NNMS is continuing its recycling efforts, so everyone is encouraged to drop off their aluminum cans at the NNMS in Kilmarnock. Maybe the national first place prize next year!

### Board of Stewards

Dave Dustin, President  
 Bill Gimpel, Vice President  
 Lynn Langley, Treasurer  
 Susan Johnson, Secretary

Bob Weekley, Past President  
 Shirley Kinney, Program Chair  
 Judi Caples, Membership Chair

### Web Site

<http://www.uufrappahannock.org>  
<http://www.uufr-va.org>  
 Bob Prescott, Webmaster

### Newsletter

Deadline for articles: 20<sup>th</sup> of the month  
 Bob Prescott, Editor (editor@uufrappahannock.org)