



# THE CHALICE

UNITARIAN UNIVERSALIST FELLOWSHIP  
OF THE RAPPAHANNOCK (UUFRA-VA)

P.O. Box 1266  
White Stone, VA 22578

**March 2014**

## Fellowship Services

Fellowship services are held each **Sunday at 10:30 A.M.** at 366 James Wharf Road, White Stone, VA.  
Meditation is held each Sunday from 9:30 A.M. to 10:00 A.M. in the sanctuary.  
All are welcome. Coffee and conversation follow the service.

## Sunday Programs

---

### March 2

#### **Dave and Terrie Dustin:** Celebrating UU-Kids in Service

This service will be presented by our own talented children through poetry, prose, and songs, with gentle guidance from Dave and Terrie Dustin.

Dave and Terrie come with many years of service to their community and home church in Laurel, MD. Both were very active in scouting, sports, outdoor education, PTA, and many community service projects. They have mentored kids while working with the homeless and the handicapped and had the opportunity to meet and interact with countless children and their families.

Fond memories follow both Terrie and Dave as they have watched these children grow and have families of their own. The Dustins now look forward to working with the UUFRA-Kids on a path of “continuing education.”

### March 9

#### **Donna Sequeira, M. Div.:** Welcoming Springtime: A Lenten Observance for UUs

Through spiritual direction, Donna Sequeira ministers to those inside (and outside) religious communities, teaching and celebrating life transitions. What might it mean to intentionally mark the transition from the starkness of winter to the blooming of spring? We will explore how we UUs might consider this passage of time and season by connecting to nature, embracing liminality, and opening to change.

---

### March 16

#### **Vicki Kinsel:** March is National Kidney Month. What You Should Know and Some Big Questions

Vicki, a nephrologist, will provide some information about the kidneys — in health and disease — and talk about the ESRD Program and some of the ethical questions it raises.

### March 23

**Terri Watson:** The Earth Does Not Belong To Us; We Belong To The Earth.

A brief geological history of the earth will be presented, in which the role of extinction will be discussed. Humans are the first species that are responsible for extinctions that, in the past, were caused by major changes in the earth. Terri will personalize the discussion with her 40 years of teaching in the field of earth science.

---

### March 30

**Caroline Shifflett:** The Joy of Heartbreak, Yoga, and Cooking

Caroline, a former President of the UUFR-VA, will share her experiences with using the lessons from heartbreak, yoga, and cooking in everyday life. She lives in Weems with her husband, Dr. Matt Shifflett, and their son, Billy.

### Phood and Philosophy?

Phood and Philosophy, our monthly dinner and discussion event, will take a winter breather and resume in April. Check this spot next month for particulars.

### Sing a Joyful Song

The March Sing Out will begin at 7:00 P.M. on the 23rd. Raise your voice with Diana Jamison and your fellow singers for a fun-filled evening.



**Intrigued** by this drawing? Want to learn how to do it for yourself? It's easy. It's fun. It's relaxing — almost meditative. It's called ZenTangle. ZenTangle is a method of creating beautiful images using repetitive patterns. There is no correct way to complete a piece, so that means you can't make a mistake. ZenTangle is a series of deliberate pen and ink strokes made on a small piece of art paper, measuring about four inches square, often with unexpected results. You will be amazed how creative you can be.

Our UUFR-VA art group, *Imagine That!*, will be learning how to create Tangles, and we invite you to come and get your own creative juices flowing. We'll meet at **Shirley Kinney's** studio at 9:30 A.M. on Thursday, **April 17**. Bring your lunch. We'll keep tangling until we stop, probably around 2:30 P.M. Please let Shirley know you'll be there since she'll have to order supplies for everyone in advance.

Think you can't be creative? You can! The *Imagine That!* group will show you how easy and fun it is. Remember, anything is possible, one stroke at a time.

## *President's Corner*

by Dave Dustin

### **Loving**

Early one Sunday morning a couple of weeks ago, a TV station aired a documentary on the 1967 Loving vs Virginia case which started in Virginia and finally landed in the United States Supreme Court.

In 1958, the Lovings traveled to Washington, D.C. to be married. After the wedding, they returned to their home in Virginia and were promptly charged with violating Virginia's Racial Integrity Act of 1924. This law legally prohibited whites from marrying anyone of color. The Lovings, an interracial couple, pled guilty to their particular crime in January 1959 and were sentenced to one year in jail. To avoid their jail sentence, they moved to Washington, D.C., but were dissatisfied with the lifestyle they had to live. So, the couple engaged the ACLU to appeal their case to the Supreme Court. The case was finally resolved in their favor, but not until 1967. It took eight long years to finally come to the conclusion that they had been denied their rights guaranteed by the 14<sup>th</sup> Amendment.

The Loving vs Virginia case set the precedent for the recent ruling by a judge to declare Virginia's same sex marriage ban unconstitutional because it violates basic human rights guaranteed by the 14th Amendment.

To younger Unitarian Universalists it may seem almost unbelievable that an actual law ever existed that prohibited a white person from marrying a person of color, but there it was. Until 1967 the freedoms guaranteed by our Constitution, and over which a civil war had been fought in the 1860's, were still not being fully enjoyed by everyone in our society. Yet here we are in the 21<sup>st</sup> century with some states still trying to deny specific minorities of our society Constitutional rights enjoyed by the majority.

Now it seems certain this issue will again make its way to the Supreme Court before it can finally be resolved for Virginia and, likely, for the entire United States. If the Supreme Court strikes down Virginia's ban on same sex marriages it could usher in a new era of social justice in our country.

Our society is changing in many ways that are causing much fear and anxiety in some segments of our society. The ones who fear these changes are frantically trying to pass laws that will keep these changes from occurring.

History shows that you can slow down change, but you can't stop it. Our nation seems to always struggle to accept changing social norms. This makes it very difficult to change the status quo and the institutions that are dependent on the current state of affairs. Hopefully, our Supreme Court will overturn Virginia's ban on same sex marriage and continue our country's march toward social justice.

-*Dave*

## **February Phood Recap**

by Diana Jamison

In February, nine brave folks attended the premier showing of the documentary series, *The Long Strange Trip*, which depicts the history of UU thought since the earliest days of the Christian era. Some of the questions that were posed following the film were:

- "Why did the Trinity become so important?"
- "When did heresy (holding an unorthodox opinion) become such a bad thing?"
- "Why was burning Michael Servetus at the stake more in standing with John Calvin's values than death by the sword?"

The evening was enjoyable and informative. The DVDs are available for individual viewing if you would like to catch up before attending the second of the six series, which will be shown in July.

## The 100 Project

by Shirley Kinney

In November, Bob Weekley and I presented an amazingly exciting opportunity to ten people who attended the Sunday service. Each of those ten people received a letter. In the letter was a \$100 bill. That was pretty exciting. But more news followed. Each of those ten people was given the opportunity to give away that \$100 to make a difference in someone's life. A significant difference!

For some who received the money that Sunday morning, this was a challenging idea. If you give the money to someone, you are not giving it to someone else. How to best change someone's life with \$100? Who is more deserving? Large charitable organizations are wonderful, but this is a chance to impact someone in person. Perhaps it would be possible to leverage that money and use it to make more, so there would be even more ways to impact lives. There are so many places where \$100 would make a difference.

For some others in the congregation who did not receive that letter and the \$100 that Sunday morning, the idea so excited them that they decided to put in \$100 of their own and join the project.

Each person who agreed to take \$100 and give it away agreed to report back to the congregation on how their money was spent — who got it, how it did or would change lives, what the process and thinking was on the part of the donor or, in other words, how was that decision made?

The Program Committee has scheduled those reports on Sundays, June 15<sup>th</sup> and June 29<sup>th</sup>. For planning purposes, we need to hear from all who agreed to be a part of this project — those ten who received the envelopes and all who gave their own \$100 away. Which of these two dates will work best for you to report to the congregation? Contact **me** to let me know. Also, it will be helpful, for timing

purposes, if you could send a copy of what you plan to say. If you have photos to show that will enrich your talk, please let me know. If, on the off-chance that you are unavailable either of these two dates, adjustments will be made so you may report at another time. The congregation is eager to hear the results of this activity.

## Spring Notes

by Terrie Dustin

Looking forward to the first day of spring, what would be more appropriate than to hold our annual spring clean-up, starting **March 21<sup>st</sup>** and running through **March 29<sup>th</sup>**!

We will be tackling jobs large and small, something to fit everyone's preference.

Starting with **March 21<sup>st</sup>**, we will work our way **outside-in** so we don't end up tracking dirt inside on top of clean carpets and freshly washed windows and walls!

Please look over the ways you might be able to contribute some time.

We'll set up days and teams as the week gets closer.

Thank you in advance for your time.

- Limb and Trim [trees]
- Cut and Haul Dead Trees
- Cut and Haul Pampas Grass
- Limb and Trim Nature Trail
- Rake Pathways and Remove Debris
- Weed Flower Beds
- Wash Deck Chairs
- Power Wash Windows Outside
- Wash Windows Inside
- Freshen Walls
- Carpets Cleaned [outside source]

RSVP to Dave or me. Call and leave a **phone message**.

*Please do not send an email!*

## UU Tidewater Cluster Annual Meeting, Saturday, March 29<sup>th</sup>

by Bob Weekley

The UU Tidewater Cluster consists of the UU churches and fellowships in our region, which includes Fredericksburg, Richmond, Glenn Allen, Williamsburg, Newport News, Norfolk, and our Rappahannock Fellowship. Annual Cluster Meetings — a day of meeting, music and singing, inspirational talks, and workshops — are open to all. The meeting will be held at the UU Fellowship of the Peninsula, 415 Young's Mill Lane, Newport News. See [www.uufp.org](http://www.uufp.org) for a map.

The keynote speaker this year is Jim Key, Moderator of the national UU Association. Workshops are planned in the following fields: Membership, Leadership, Religious Education, Small Groups, Music, Fundraising, and Social Media.

Those of us who attended last year found the day to be inspirational and well organized. This is an opportunity to fellowship with like-minded UUs from our region and to deepen your experience in UU. The registration fee is \$15 per person up to March 16<sup>th</sup> and \$20 after that. I understand that lunch is included.

For questions, please contact me. We should be able to organize some car pools.

## Volunteer Tutors Needed

by Bob Weekley

Lancaster County Schools want to revitalize the program of volunteer tutors — people who will volunteer to work one-on-one with students for a minimum of two hours, one day per week. In particular, Lancaster Middle School has identified several students needing such help. If you are interested, or would like more information, contact Bill Young, [youngbcdsj@aol.com](mailto:youngbcdsj@aol.com). Bill and Carolyn Young are volunteers from Campbell Presbyterian Church who are in touch with the schools to help make the connection with volunteers. This is an opportunity to make a personal difference in young lives.

## River Readers

The book discussion group meets on the **fourth Monday** of each month at **2:30 P.M.** at the Lancaster Community Library.

Everyone is welcome. Please read the book and join us. The upcoming selections are:

**March 24:** *Defending Jacob* by William Landay

**April 28:** *City of Veils* by Zoe Ferraris

**May 26:** *The Burgess Boys* by Elizabeth Strout

If you have a recommendation for a noteworthy book to discuss, please contact Elaine Weekley.

### Board of Stewards

Dave Dustin, President  
Bill Gimpel, Vice President  
Lynn Langley, Treasurer  
Susan Johnson, Secretary

Bob Weekley, Past President  
Shirley Kinney, Program Chair  
Judi Caples, Membership Chair

### Web Site

<http://www.uufrappahannock.org>  
<http://www.uufr-va.org>  
Bob Prescott, Webmaster

### Newsletter

Deadline for articles: 20<sup>th</sup> of the month  
Bob Prescott, Editor ([editor@uufrappahannock.org](mailto:editor@uufrappahannock.org))