

# THE CHALICE

UNITARIAN UNIVERSALIST FELLOWSHIP  
OF THE RAPPAHANNOCK (UUFV-VA)

P.O. Box 1266  
White Stone, VA 22578

October 2013

## Fellowship Services

Fellowship services are held each **Sunday at 10:30 A.M.** at 366 James Wharf Road, White Stone, VA.

Meditation is held each Sunday from 9:30 A.M. to 10:00 A.M. in the sanctuary.

All are welcome. Coffee and conversation follow the service.

## Sunday Programs

### October 6

**Rev. Alane Cameron Miles:** The Dangerous Hope of Faith-Based Health Care

A regular visitor, Rev. Cameron Miles states, "Medicine for centuries has been shaped by a dynamic tension between science and faith. Some of the largest health care systems and some of the smallest clinics in America are faith-based." She will examine the hope and dangers of faith-based care and the rebirth of the ancient volunteer health care movement.

\* UU For Kids \*

### October 13

**Tom Kinney:** One Community, Three Languages, Three Cultures

Children grow up typically speaking the language of their parents in the culture of their environment. Some, if not most, of these cultural differences are present throughout one's adult life. Some cultural characteristics can be traps. Can we recognize these cultural memes, bridge them where appropriate, and free others trapped in specific culture challenges — while preserving and cherishing the family connection to their previous generation?

### October 20

**Rev. Richard Bunch:** Buddha's Brain: The Path to Happiness, Love, and Wisdom

With a topic to pique our UU interest, Rev. Bunch, who serves as Co-Minister at Unity of Richmond, will encourage a lively, provocative, and challenging discussion.

### October 27

**Dr. Victor Maloy:** The Role of Pastoral Care in the Life of a Community

Dr. Maloy is the Executive Director of The Virginia Institute of Pastoral Care. He served as a United Methodist minister before becoming a pastoral counselor. Certified by the American Association of Pastoral Counselors, the American Group Psychotherapy Association, and the National Board for Certified Counselors, Dr. Maloy is licensed as a professional counselor and marriage and family therapist in Virginia. As a past president of the American Association of Pastoral Counselors, Dr. Maloy is a retreat leader, consultant, and executive coach to a variety of organizations and individuals.

## *President's Corner*

by Bob Weekley

*I thought it would be nice for readers to have an occasional break from my monthly meandering so I am inviting guest writers to write in the "President's Corner." This month's piece is by Caroline Shifflett, Board of Stewards Past President. Her excellent message inspires me. Thank you, Caroline, for sharing this.*

**-Bob**

### **What Do You See?**

by Caroline Shifflett

*"It's **not what you look** at that matters, it's **what you see.**" - Henry David Thoreau*

Several weeks ago, in Steady Flow Yoga, Susan Johnson shared this quote with us. I've reflected many times recently on these words. When Bob asked me to do a "guest President's Corner," I again chose to reflect on these words.

I love coming to the Fellowship. I come for Sunday services, for yoga, and for committee meetings. I love the feelings I have when I enter the driveway, when I walk the beautiful path from the parking lot to the doors, and as I roam throughout the building. It's not the things I'm looking at that give me such joy; it's the things I see.

As I slow down to turn into the driveway, I look at our sign surrounded by glorious grasses. I see the many meetings I sat in on to decide the size and placement of said sign. I see the many debates we had about which trees to keep and which to burn. I see, in my mind's eye, the people that were with me through this process, and I smile. I think to myself, "It turned out very well; we did good work."

As I walk the path to the building, I look at the lovely path, the landscaping, and all the little touches placed here and there by our members. I see the hours and hours we put

into the design of the grounds. I see the hours and hours spent moving dirt from one location to another. I see all the little glass bottles we found as we moved the dirt. You can see them too. Paula Greenwood has cleaned them for us and put them on display in our hallway. I see the many people who showed up so many times to move dirt and debris and have a party called Phire and Phling! I think to myself, "it turned out so very well; we did great work."

As I approach the building, I look at the lighthouse that represents us to the world. I see the blueprints, the meetings, the meetings, and the endless meetings to decide on the millions of details that went into our building. I see the huge pile of rubble that used to be a house. I see many of us hauling it away, piece by piece, as we cleared the grounds to make room for a new house, our house. I see our members swinging hammers, hauling boards, painting, laughing, more painting, and more laughing. I think to myself, "It really turned out so very well; we did great work."

As I sit through a service led by our very own, I look at our speaker (one of our own members). I see a fellow human being. I see what they have given over the past few weeks as he or she prepared for the service. I see someone putting their heart on the line and being vulnerable to us all by sharing a part of their spiritual journey. I see a friend, and I see family. I think to myself, "It really turned out so very well; we do wonderful work."

It really does matter what you see. My experience of coming to the Fellowship is made so much richer by the memories and dreams I see as I look around our place. Everywhere I look, I see our dreams. I see our dreams that became our plans that spurred our actions that built us a home. A home of our dreams! Oh yeah, baby! It is good to come home.

## No Phood in October?

Phood and Philosophy, our monthly get-together and discussion group, is alive and well, but will *not* make an appearance in October. We have it on good authority, however, that the Phood will return in November.

## Legacy Bequest Society

Many UU churches recognize members who include their church as a part of their legacy. There is support that we do the same.

If you would like to be among the founding members of our Legacy Bequest Society, please contact Trustee **Tom Kinney**.



## Writer's Spotlight

by **Terrie Dustin**

We hope that all UUFRA-VA members have noticed the article in the Fall Edition of *UU World* by our own Kathy Duhon entitled: "Paying My Rent To The Planet." As always, her words are inspiring and remind us that each of us and our smallest acts of kindness are important. View Kathy's article at: <http://www.uuworld.org/life/articles/289467.shtml>

Thank you, Kathy.

## Sing-Out at UUFRA-VA!

by **Diana Jamison**

Friends, family, and members are encouraged to bring instruments and their favorite songs to the upcoming **October 27<sup>th</sup>** Sing-Out. Everyone is welcome. The Sing-Out takes place the fourth Sunday of every month from 7:00 P.M. to 9:00 P.M. We hope to see you soon.

## River Readers

The book discussion group meets on the **fourth Monday** of each month at **2:30 P.M.** at the Lancaster Community Library. Everyone is welcome. Please read the book and join us. The upcoming selections are:

**October 28:** *The Sense of an Ending* by Julian Barnes

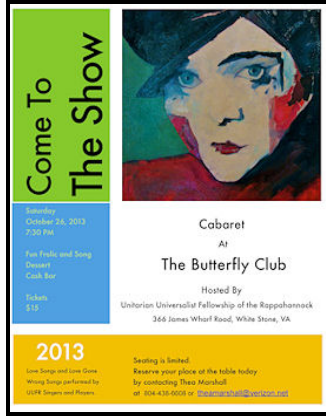
**November 25:** *The Orphan Master's Son* by Adam Johnson

**December:** No meeting

Our annual "**Big Book**" dinner and **discussion** will be at 6:00 P.M. on Wednesday, October 9, at Indian Creek Yacht and Country Club. We decided to read *The Narrative of Arthur Gordon Pym of Nantucket* by Edgar Allen Poe, his only novel, and *Pym* by Mat Johnson, a contemporary "sequel." Please plan to join us for a fun evening, and let Elaine know you're coming.

## November Fall Clean-Up Day

The Building and Grounds Committee will be scheduling our Fall Clean-Up Day for a Friday and/or Saturday in November. This will be a good time for trimming and transplanting and "tucking in" for the winter. Contact **Dave and Terrie Dustin** if you have a preference regarding the schedule.



## Latest Butterfly Club News

by Diana Jamison

**The Show** will be held at UFR-VA on Saturday night, October 26<sup>th</sup>. Doors will open at 7:30 P.M. We have 18 performers who will be on stage sharing their many talents. Our sanctuary will be converted into **The Butterfly Club**. We will be seating 54 people at our tables — designed by our creative artist, Shirley Kinney. We will be serving after-dinner refreshments to the audience. A cash bar will be available in the lobby.

If you are interested in attending this production, please tell Thea or me that you want to put down your knitting and come join the Cabaret. \$15 will hold a seat at our tables.

## ISO: Deck Chairs

by Terrie Dustin

If you have extra *white* plastic stacking chairs that we could use for the deck, we would appreciate any donations. Just put them under the deck on the far end near the shed.

## 2014 Budget Time

Yes, it is already time to be thinking about our activities in 2014. All Board Members, Committee Chairs, and Spending Center members need to have their 2014 financial requirements figured out and submitted to any of our Finance Committee folks before Sunday, October 20<sup>th</sup>. Please be sure to include enough detail so we and the Board can understand the need and how the requested funds will be spent.

If you have any questions, please feel free to contact any of the following Finance Committee members: M.J. Anderson, Tom Foster, Paula Greenwood, Barbara Haynes, Tom Kinney, or Marge Rowden.

## Bay Center Evenings

The monthly “An Evening With ...” series will run through November, from 7:00 P.M. to 8:30 P.M. Each evening will include the presentation with discussion and conclude with refreshments and socializing. The suggested donation is \$10. An RSVP is appreciated but not required. Phone 804-436-3191 or email [info@baycenterva.com](mailto:info@baycenterva.com).

**October 10** - An Evening with Cliff Schelling: “Why We Can’t Talk About Politics, Sex, or Religion”

**November 7** - An Evening with Diana Jamison: “My Journey as an Artist”

### Board of Stewards

Bob Weekley, President  
Bill Gimpel, Vice President  
Lynn Langley, Treasurer  
Dave Dustin, Secretary

Caroline Shifflett, Past President  
Shirley Kinney, Program Chair  
Judi Caples, Membership Chair

### Web Site

<http://www.uufrappahannock.org>  
<http://www.uufr-va.org>  
Bob Prescott, Webmaster

### Newsletter

Deadline for articles: 20<sup>th</sup> of the month  
Bob Prescott, Editor ([editor@uufrappahannock.org](mailto:editor@uufrappahannock.org))