

# THE CHALICE

UNITARIAN UNIVERSALIST FELLOWSHIP  
OF THE RAPPAHANNOCK (UUFV-VA) P.O.  
Box 1266  
White Stone, VA 22578

July 2013

## Fellowship Services

Fellowship services are held each **Sunday at 10:30 A.M.** at 366 James Wharf Road, White Stone, VA.  
Meditation is held each Sunday from 9:30 A.M. to 10:00 A.M. in the sanctuary.  
All are welcome. Coffee and conversation follow the service.

## Sunday Programs

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July 7

**David Duhon:** "Calvary vs. Mount Eremos - The Chemistry of Christianity"

We will be looking at adrenaline vs. endorphins, love vs. fear, and the Christianity of Jesus vs. the Christianity of Paul (which is the Christianity the world has suffered from all these years). There will be music from Marjie Sabo to punctuate the talk.

\* UU For Kids \*

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July 14

**Margaret Sequeira:** "What Job Searching Has Taught Me: We Don't Do It Alone"

We live in a culture that praises individual achievement and making one's own way. Unitarian Universalism often focuses on the individual spiritual journey. What I have learned over the last few months is that we don't do it alone - we need one another. Let's explore the connection between the affirmation of the individual journey and the reality that we are all connected. How do we connect our first and seventh Principles?

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July 21

**Rev. Jim Sanderson:** "The Dark Side"

Darth Vader invited us to "Come to the Dark Side." It is not entirely bad advice. Rev. Sanderson looks at Night as a religious experience and setting.

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July 28

**Bob Weekley:** "The Meaning of Life: Is It Found in Religion?"

In pursuit of the answer to how we find the meaning of life we will exercise the fourth Unitarian Universalist Principle: "We covenant to affirm and promote a free and responsible search for truth and meaning." And yes, there will be a quiz.

## President's Corner

by Bob Weekley

### Celebrating the Declaration of Interdependence

The Fourth of July arrives this week, so you might assume an error in the title. Nope, I am talking about a *Declaration of Interdependence* – our covenantal UU ties.

The word “covenant” crops up regularly in discourse among Unitarian Universalists. I must admit that to me it sounds a bit stilted, quaint, and Old Testament. A current article in *UU World* gave me a new take on the meaning of “covenant,” and what it means to our own UU Fellowship. (See “Bound in Covenant” by Victoria Safford in the summer issue or online:

<http://www.uuworld.org/ideas/articles/285904.shtml> )

The author cites our Pilgrim forebears. As John Winthrop sailed with his Pilgrim colonists for the New World, he exhorted them: *[W]e must be willing to abridge ourselves of our superfluities, for the supply of others' necessities. We must uphold a familiar commerce together in all meekness, gentleness, patience, and liberality. We must delight in each other, make others' conditions our own, rejoice together, mourn together, labor and suffer together, always having before our eyes our commission and community in the work, our community as members of the same body. So shall we keep the unity of the spirit in the bond of peace.* This was the covenant that held the band together – physically and spiritually. This covenant, I believe, is what has allowed our own UU Fellowship to come into existence and to thrive.

The preface to the UU Principles states that we *covenant to affirm and promote ...*

Rev. Safford notes that this idea of *covenant* is not the same as a *contract* or a *creed*. “The central question for us is not, ‘What do we believe?’ but more, ‘What do we believe in?’ To what larger love, to what people,

principles, values, and dreams shall we be committed? To whom, to what, are we accountable?’ In a tradition so deeply steeped in individualism, it becomes a spiritual practice for each of us to ask, not once and for all, but again and again ...”

We are not bound by a moral or legal agreement, but we willingly aspire and strive to live up to our *covenant* – to “make others’ conditions our own,” to “rejoice together,” and to “mourn together,” or in the words of our own UU Fellowship of the Rappahannock Mission Statement: “to put Unitarian Universalist Principles into practice through programs that empower spiritual exploration, critical thinking, social service, and provide a spiritual home for future generations.”

Our covenant is our Declaration of Interdependence.

*Bob*

### UU World Notes



A bevy of frequent UUFRR-VA speakers, including Rev. Jennifer Ryu (pictured above), were featured in the summer edition of *UU World*. The article focused on the recent UU Revival at Christopher Newport University. Read it online at:

<http://www.uuworld.org/news/articles/284601.shtml>.

## Phood and Philosophy?

Phood and Philosophy, our monthly potluck and discussion, will be on hiatus the month of July. Look for its return in August.

## UUFR-VA Sing Out

by Diana Jamison

Bring your friends, family, instruments, and your favorite songs. All singers, players, and listeners are welcome. The Sing Out takes place the fourth Sunday of every month from 7:00 P.M. to 9:00 P.M. We hope to see you at our next one!

## Faith in Action: Niche Meeting on July 14

by Kristi VanAudenhove

On July 14<sup>th</sup>, immediately after the Sunday morning service, the Niche Committee will meet to shape our long-term goal of eliminating generational poverty into a nearer-term measurable and achievable outcome and to identify a set of strategies that will help us to achieve that initial outcome. In simpler words, we will develop a proposal for the Fellowship that describes the change we will bring about as a result of our work in the next five years and what we will do to make that change happen. All are invited to participate as we tackle how best to shape our community work around the issues of food insecurity and a shortage of access to nurturing pre-school education in our communities — two big issues that contribute to generational poverty.



New members welcomed (from left): Bob Weekley (Pres.), Susan Johnson, Vicki Kinsel, Gus Shelton, and Judi Caples (Membership Chair)



Oliver shares a Special Joy: School is Out!

## Butterfly Cabaret Extravaganza

by Diana Jamison

Hold the date of Saturday night, **October 26, 2013**, for The Show at the Butterfly Cabaret Club (UUFR-VA). There will be more to come about the cast of characters and ticket sales. If you would like to be part of this production and have not already talked to me, please email me.

## River Readers

The book discussion group meets on the **fourth Monday** of each month at **2:30 P.M.** at the Lancaster Community Library. Everyone is welcome. Please read the book and join us. The upcoming selections are:

**July 22:** *The Round House* by Louise Erdrich

**August 26:** *Sweet Tooth* by Ian McEwan

**September 26:** *Trespass* by Rose Tremain

If you have a recommendation for a noteworthy book to discuss, please contact **Elaine Weekley**.

## Bequesting — The Simple Way

Legacy giving to support your church family can be very simple. Merely adding a sentence or two to your will, trust, or identifying UUFR-VA as the beneficiary of any account can get the job done. Like other sorts of gifts, bequests (personal property), devises (real estate), or beneficiary designations (trusts or other contractual arrangements) can be given for general or specific purposes and uses. A bequest for general purposes is especially appreciated because it can be put to use where there is greatest need. A bequest made without restrictions usually is added to the permanent unrestricted endowment, providing general support that may last forever. Here are some sample sentences for both specific and general bequests:

### Specific Bequest

I give \_\_\_\_\_[\$ amount, description of property, or % of estate] to the Unitarian Universalist Fellowship of the Rappahannock, a Virginia corporation located in White Stone, VA, for its unrestricted use.

### Residuary Bequest

I give all [or \_\_\_\_\_%] of my remaining assets of any kind to the Unitarian Universalist Fellowship of the Rappahannock, a Virginia corporation located in White Stone, VA, for its unrestricted use.

### Restricted Bequest to the Permanent Endowment

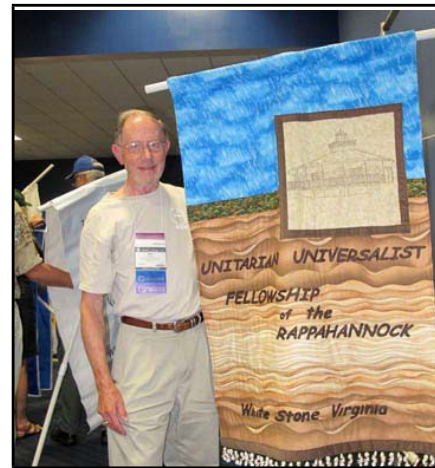
I give \_\_\_\_\_[\$ amount, description of property, or % of estate] to the General Endowment Fund of the Unitarian Universalist Fellowship of the Rappahannock, a Virginia corporation located in White Stone, VA, to be invested according to the policies adopted by its Trustees, income only to be used for the general purposes of the Fellowship [or for a specific purpose].

### Restricted Bequest for Specific Purpose

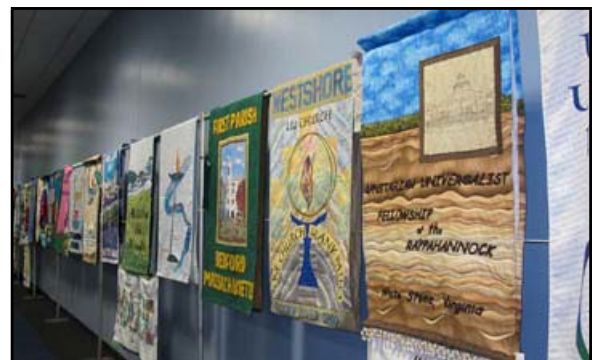
I give \_\_\_\_\_[\$ amount, description of property, or % of estate] to the Unitarian Universalist Fellowship of the Rappahannock, a Virginia corporation located in White Stone, VA, restricted to \_\_\_\_\_[describe]. If at any time, in the judgment of the UUFR-VA Trustees, it is deemed impossible or impracticable to carry out the above purpose, the Trustees shall determine a purpose as near as possible to that described above.

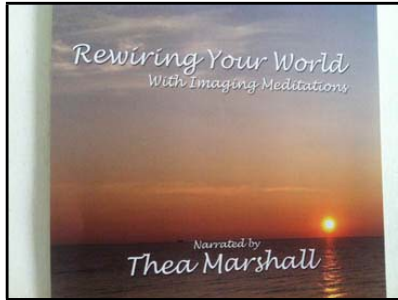
A member of your UUFR-VA Finance Committee should be notified of your wishes, including the degree of confidentiality you prefer, to assure compliance. If you have questions, we can help.

*Your Finance Committee: MJ Anderson, Tom Foster, Paula Greenwood, Barbara Haynes, Tom Kinney, Marge Rowden*



Bob Weekley represents the UUFR-VA at this year's General Assembly, displaying our familiar Fellowship banner.





Thea Marshall created this CD of meditations based on the acclaim from the meditations she led at the UUFR-VA Retreat. She donates part of the sales revenue to UUFR-VA.

## A Seaside Retreat

by Shirley Kinney

Our annual Fellowship Retreat will soon be here. It's a delightful time to relax with friends on the beach.

The Retreat runs from Sunday, October 13<sup>th</sup>, to Tuesday, the 15<sup>th</sup> at the Sea Side Motel in Virginia Beach. The cost is \$70 per night for a standard room. Breakfast is probably not included, but there is a restaurant right next door. The mid-October weather promises to be wonderful.

We expect about 16 to 20 from UUFR-VA to attend, if the past years are any guide. There will be time to relax, enjoy conversations with friends, read a book, stroll along the waterfront and gather shells, meditate (to Thea's amazing voice), explore the Edgar Cayce Center, or do absolutely nothing.

Thea and Pirkko and I are planning some fun, thoughtful, interesting activities for the retreat that you won't want to miss. Bill Gimpel is handling the accommodation arrangements.

Put the date on your calendar; then let Thea, Pirkko, Bill, or me know you plan to attend. In a couple of months we will be giving you the contact information so you can reserve your room. If you have questions, please contact one of us.

We're going to be having lots of fun, although it's always more fun having you are there.



## Who's Who in UU: Kathy Duhon

by Eve Jordan

To some, Kathy Duhon's life seems to have God's fine hand guiding it ... to others, perhaps not so much. She is caring for her parents, both 87, in the home she bought for them in Mathews, and says it is both a blessing and a challenge. She took a year off from her ministry in Great Barrington, MA, to reflect on the direction of her ministry, and to arrange for the comfort and safety of her parents. Many members of our Fellowship were invited to her open house several years ago after the addition of extended living quarters for her parents was completed ... the one-year plan has been extended to a 5-to-10-year plan. Kathy learned this kind of caring growing up, when one of her brothers became very ill and her mother cared for him at home (long before hospice). He died at home. Her father is a charmer and her mother, who has had Alzheimer's for the last 15 years, still knows Kathy. Mom and Dad raised 9 kids, 7 of whom survive today. Kathy was the first girl after 4 boys (Mom asked the doctor if he was sure it was a girl!), then came 3 more boys and another girl at last - sister Sylvia. We know her brother David who lends his musical talent to our services on occasion.

When Kathy went to Harvard, she majored in psychology, and met Jon, whom she married after graduation. They lived in Boston, and had Anna, followed by Will. After graduation, Kathy worked at halfway houses for the mentally ill, at the law center at Harvard, and as a fundraiser for various causes. Matt, her third child, was born after she and Jon moved to the Berkshires in Western Massachusetts, where they spent a summer working on a farm — part of an intentional community that served as a farm and halfway house for the mentally ill. Gould Farm just celebrated 100 years as the oldest halfway house in the country.

While in Boston, Kathy felt that parenting and ministry didn't mix for her. She would wait for ten years and reassess. Instead, she got an M.A. in Medical Ethics at Andover Newton Theological School and considered other academic pursuits, but, just before graduation, she found out she was pregnant with Matt. She decided to be a stay-at-home mother. Kathy has been close to death five times in her life, the first time was while she was at Andover Newton when she developed serious problems in her pancreas. Prior to this, she also had a bad fall and a miscarriage. It was about this time that she put the ministry aside, but not forever.

Raised a Catholic, Kathy became interested in Unitarian Universalism as a young adult — being married to a Jewish man, it fit her family life. Later, living in the Berkshires, with no Unitarian Universalists nearby, she joined first a Congregational Church and then returned to the Catholic Church. When she re-entered Theology School, it was as a Catholic. And although there are many ways for Catholic women to serve their Church, she did not feel that this was her calling. Indeed, she felt called to Unitarian Universalism where she could take all parts of her faith with her. Once again, she enrolled in Andover Newton Seminary. She commuted two days a week and lived in the commuter dorm (a new idea

at the time), while Jon, who could work from home, co-parented. Inspired by the Prophetic Sisterhood, a group of Unitarian Universalist Women in the 19<sup>th</sup> Century who went West to spread the word and start needed churches, Kathy began talking to people about Unitarian Universalism. In 1995, she put a small ad in a local newspaper, inviting folks to come to her home. Six people came to this first meeting, but soon there were 20 regulars. The church was chartered in 1996, and Kathy was ordained in 1998. She remained there until 2009, when she moved here. She was exploring a different ministry, perhaps a spiritual retreat community, a center that would pull other skills together — not just religion, but also photography, yoga, music, and dance. Although Mathews is a happening place for these very things, Kathy feels drawn to be with her children in upstate New York. Daughter Anna and her boyfriend have just bought a 32-acre farm where they have an orchard, chickens, and a garden. Will, her second child, is presently visiting the farm and helping, but will soon return to the San Francisco area. Matt, the youngest, lives in the area. He also loves farming and is very involved with dairies at the present time.

Being a minister is bigger than most jobs because personal space is inhabited in a different way. Kathy missed the ministry the first year in Mathews. The sermons and classes at the UUFR-VA helped fill that need and aided the transition. Now, with her parents increasingly dependent on her, it is only when she has a caregiver for several hours that she is able to be with the UUFR-VA congregation. Kathy is with us in spirit when not physically present, and we are all enriched when she is able to join us. It has been enriching to have an ordained Unitarian Universalist minister as part of our congregation. She is an amazing person. How fortunate we are to share these years with her.

**Board of Stewards**

Bob Weekley, President  
Bill Gimpel, Vice President  
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**Web Site**

<http://www.uufrappahannock.org>  
<http://www.uufr-va.org>  
Bob Prescott, Webmaster

**Newsletter**

Deadline for articles: 20<sup>th</sup> of the month  
Bob Prescott, Editor (editor@uufrappahannock.org)