



# THE CHALICE

UNITARIAN UNIVERSALIST FELLOWSHIP  
OF THE RAPPAHANNOCK (UUFV-VA)

P.O. Box 1266  
White Stone, VA 22578

January 2013

## Fellowship Services

Fellowship services are held each **Sunday** at **10:30 A.M.** at 366 James Wharf Road, White Stone, VA.  
Meditation is held each Sunday from 9:30 A.M. to 10:00 A.M. in the sanctuary.  
All are welcome. Coffee and conversation follow the service.

## Sunday Programs

### January 6

**Rev. Hal White:** John Philip Newell

John Philip Newell, Presbyterian theologian, author and conference leader, said the following in his book, *A New Harmony*: “A new Pentecost is stirring in the human soul. Will we open to this moment of grace and be led into relationships of oneness we could never have imagined?”

What has been a moment of grace and oneness for you?

\* UU For Kids \*

### January 13

**Bob Weekley:** Using God

The ancient practice of using God for mortal purposes is alive and well.

### January 20

**Dave Dustin:** Creating a Personal Legacy

We all leave a personal legacy. In many cases our legacy is defined by the interpretation of those who survive us, so we could have multiple legacies depending on who tells our life's story. Dave's presentation will explore the idea of living a purposeful life and why it's important to define our own personal legacy.

### January 27

**Rev. Jim Sanderson:** The Dickens You Say

Rev. Sanderson will take a look at the life of this English Unitarian author whose 201<sup>st</sup> birthday is February 7<sup>th</sup>. Dickens was a social justice advocate, but in a unique way.

## *President's Corner*

by Bob Weekley

### A NEW YEAR BEGINS

Now we have closed out 2012 and look forward to a new year and the possibilities for wonderful new opportunities. It is a time to glance back and also to look to the great possibilities for the future of our Fellowship.

Winding up 2012, the Board of Stewards presented the December 9<sup>th</sup> Sunday service with a vision of our future. Titled "Imagining Our Future and Making It a Reality," we discussed with the congregation: "What brings us together? What keeps us together? What will our Fellowship be ten years from now?"

If you missed that service you can read the presentations on our web site, [www.uufrappahannock.org](http://www.uufrappahannock.org). Just click on the box near the top of the home page, "View Imagining Our Future ...". Printed copies also are available on the sharing table in the church foyer.

The important part is this: The vision presented by the Board is *not* just the vision of the Board, but is an outcome of what we have heard from members of the congregation. We need each member and friend to give this vision thoughtful consideration. How do we achieve our vision? What can each of us contribute to making our imagined future a reality – to ensure the health and vitality of this outpost of Unitarian Universalism? Your input is essential.

To move forward in achieving our vision, we are reminded that we all need to take on a share of the work. As a self-supporting, lay-led fellowship, we all are the "imagers," the doers, the contributors. We are it! Some might feel like others will do the work. But in a lay-led fellowship, we all need to help with the jobs that keep us functioning. Some say they feel unqualified. All of us have learned from on-the-job-training. Everyone can.

This is how we have come so far — everyone pitching in.

What can you do? Right now we need help in several areas. To visualize how we might expand our facilities, we need a Building Concept Committee. Bill Gimpel will lead this. We need some help with our landscaping to keep under control the beautiful plantings that Bob and Sue Adriance have worked so hard to create. Would someone like to arrange a monthly movie night during Devi Herrsche's absence? Our standing committees always need members (Membership, Program, Community Service, Social Justice, Finance, ...) There are more opportunities – just keep stepping up. Let me or a Board member know what *you* would like to do.

— *Bob*

### UUFRA-VA Book World

by Shirley Kinney

Three new books have been donated to our UUFRA-VA library, located in our foyer bookshelves. All of them are well worth reading, especially in today's social and political climate. Check them out!

1. *Color-Blind: The Rise of Post-Racial Politics and the Retreat from Racial Equity* by Tim Wise, who tackles head-on the resurgence and absurdity of post-racial liberalism in a world still largely structured by deep racial disparity and structural inequity. He shows us with passion and sharp, insightful, accessible analysis how this imagined world of post-racial framing and policy can't take us where we want to go — it actually stymies our progress toward racial unity and quality.
2. *Volunteer Slavery: My Authentic Negro Experience* by Jill Nelson, who creates a new space for black women to speak the truth about life. It is a story that

is a poignant and passionate tragicomic rendering of the horrors and terrors of black life — especially black women’s lives — in a bastion of elite journalism in white America. Her honest and often horrifying struggle with the painful identity crisis of the black middle class is interwoven with the touching story of her love for her daughter, and her deep commitment to black dignity.

3. ***A House for Hope: The Promise of Progressive Religion for the 21<sup>st</sup> Century*** by John Buehrens (a former UUA president) and Rebecca Ann Parker. For over a generation, conservative religion has seemed dominant in America. But there are signs of a strengthening liberal religious movement. For it to flourish, lay people need a sense of their theological heritage. This book lays out, in lively and engaging language, the theological house that religious liberalism has inherited — and suggests how this heritage will need to be spiritually and theologically transformed. With chapters that suggest liberal religious commitment is based on common hopes and an expansive love for life, the authors show how religious liberals have countered fundamentalists for generations, and provides progressives with a theological and spiritual foundation for the years ahead.

### **Sunday Bulletin Alert!**

**Hank Stupi** will be preparing the Sunday bulletins for January, February and March. If you have any announcements that need to be included in the bulletins, please contact him — and please don't wait until the last minute to do so. He's generally not a last-minute kind of guy!

## **A Holly Jolly Service 2012**

Lorie and Don Lowrey hosted our pre-Christmas service, highlighted by a reading from Nancy Stupi, and framed by Hank's musical elections.



## **Exercise and Memory**

**Dr. Pirkko Graves** shares findings which may be of interest to the Fellowship. Exercise has long been recognized as the best medicine, yet even short bursts can be remarkable healthful. View the Time article, which relates exercise and memory in older people, at:

<http://healthland.time.com/2012/11/27/even-brief-exercise-can-improve-memory-in-older-adults/#ixzz2DRexdolz>

## UU For Kids Is Back!

It's coming together again! **Sue Adriance** wants to let us all know that UU For Kids, our educational service for children, will be returning the first Sunday of each month through June 2013. It will be noted with services in The Chalice.

### River Readers

The book discussion group meets on the **fourth Monday** of each month at **2:30 P.M.** at the Lancaster Community Library. Everyone is welcome. Please read the book and join us. The upcoming selections are:

**January 28:** *Scorched Earth* by David L. Robbins

**February 25:** *Little Bee* by Chris Cleave

**March 25:** *Greenlanders* by Jane Smiley

**April 22:** *Behind the Scenes at the Museum* by Kate Atkinson

If you have a recommendation for a noteworthy book to discuss, please call **Elaine Weekley**.

## SJ/CS Niche Next Step

by Tom Kinney

Only two previous UUFR-VA surveys, those from our early years, had more participation than did the canvassing of the Fellowship's desires for our Social Justice/Community Service niche. Thank you for that level of interest and participation.

You have selected addressing generational poverty through either 1) preschool and socialization of youngsters in preparing them to learn and achieve, or 2) by addressing the problem of youth hunger and poor nutrition within our four-county community. Broadening the worldview of youngsters and encouraging them to aspire to success came in third but with just half the votes for Preschool/Socialization.

Through this decision, the Fellowship has assigned the Niche Team to continue the research in these two areas to gain a better understanding of the challenges; identify the root cause(s); to the extent possible, learn what interventions have proven successful elsewhere; and develop a conceptual action plan.

The membership will then be able to make an informed decision on whether to commit to making this permanent change for the better in our community and which of the two paths will best achieve that goal.

### Board of Stewards

Bob Weekley, President  
Bill Gimpel, Vice President  
Lynn Langlely, Treasurer  
Kathy Duhon, Secretary

Tom Kinney, Past President  
Shirley Kinney, Program Chair  
Judi Caples, Membership Chair

### Web Site

<http://www.uufrappahannock.org>  
<http://www.uufr-va.org>  
Bob Prescott, Webmaster

### Newsletter

Deadline for articles: 20<sup>th</sup> of the month  
Bob Prescott, Editor (editor@uufrappahannock.org)